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A
COLLECTION
OF
RECEIPTS
IN
PHYSIC,
BEING THE
ENTIRE PRACTICE

Of a late
Eminent Physician :

CONTAINING
A Complete Body of PRESCRIPTIONS
answering to every DISEASE.

With some in SURGERY.

To which are added, by the EDITOR,
Occasional *Remarks, Directions, and Cautions,*
suited to the different STAGES of
DISTEMPERS, in order to render this
WORK particularly useful in FAMILIES.

L O N D O N :

Printed for LOCKYER DAVIS at Lord Bacon's Head,
near Salisbury-Court, Fleetstreet. M DCCCLII.

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P R E F A C E.

*T*O enlarge on the Powers of Medicines themselves, would be a useless and needless Subject, since none can deny their Efficacy, as being the Deity's Second Causes to effect the Restoration of Health: It may be necessary, nevertheless to say something concerning these we now present the Publick with; they are all Genuine, being the Notes for Prescriptions of an eminent Physician lately Dead; never before printed or any where to be found but on Apothecaries Files: they are excellent in their kind, and by being easy as well as efficacious, become more fitted for Family Use than any ever yet published. The Hopes that they may be of Use to People whose Distance or Circumstances hinder immediate Application, prompted me to a Translation, that those Clergy or Ladies, who for the Benefit of their poor Country Neighbours, employ their charitable Endeavours to restore Health, may be assisted with a Manual of Receipts on which with the greatest Safety they may depend. There is no Disease that can probably happen to the Human Body, but we may here find a Weapon to Combat it withal: And to render their Use and Application more universal and certain, I have casually added such Remarks as may serve to

guide and help their Preparation or Administration.

The Materials of which they are compounded, are seldom any thing beyond the Produce of the Country; that nothing therefore may be wanting to compleat so useful a Work, I will here add a general Account of the Operations of all Kinds of Medicine.

Medicines have been variously classed by Dispensary Writers, but it is certain that the general Division can be but into three.

1st, Evacuants or such as diminish the Bulk of the Body.

2dly, Restoratives, or such as add to the Bulk of the Body.

3dly, Alteratives or such as alter the Constitution without any visible Addition or Diminution.

These may be subdivided into many, as follows;

The several Ways of increasing the Discharges, and thereby lessening or emptying the Body are Eight, viz. by Vomit, Stool, Urine, Sweat, Spitting, Sneezings, Cleansers of the Womb, or that Discharge by Blisters, Setons or Issues.

And

And first Vomits, which is the most Sovereign of all Evacuations in those Constitutions that will admit of them. They are of two Sorts, the milder or those that disturb nothing beyond the Stomach, and the rougher, or those that give a Shock to the whole Fabrick; by means of Vomits all that Filth lying in the Folds of the Stomach is discharg'd, which Purges would only slip by, and by the stronger Sort, the Liver, Spleen and neighbouring Parts are powerfully shook and irritated to discharge all Obstructions and open a freer Circulation: They are of great Use in Diseases of the Brain and Nerves, and in many other, but let this Caution be observ'd, viz. that they are more useful in Summer than Winter, that none who have bad Lungs should meddle with them, that they are rather fitting to be taken when up, than laying down; and that an Opiate should be given after their Operation is over. The next Evacuant is Purges, which are likewise of the milder and the rougher Sort; the former are rather to be used than the latter, as you may encrease the Dose by Degrees, observing that Purges do not always hurt when they don't operate. Aloes are hurtful to People of a hot dry Constitution and give the Piles; Cassia should not be given to any distempered with Ulcers of either Kidneys or Bladder, nor to Women with Child. Bitter Apple is a violent Purge and moves the Brain strongly, Hellebore is a good Medicine, but will stay too long in the Body unless join'd with Scammony or some Quickner, neither

Fallap nor Scammony should be given to weak Persons, to those addicted to Swoonings, to hypochondriack or hysteric Persons, nor to any prone to Fevers.

Manna is hurtful to cholerick Constitutions which it heats instead of cooling, and the Party should soon eat after it ; Mechoacan is an useful Purger, as is Mercurius Dulcis if given in due Doses ; there are abundance of other Purges that though not so good by themselves, become excellent in Composition, as are several of the purging Receipts in this Book, observing their Virtues according to the Diseases they are appropriated to.

The third sort of Evacuants is Diuretics, or by Urine, of which you have here some excellent Forms ; they have a Faculty of separating various Humours out of the Mass of Blood ; in the Use of them observe, that the Addition of Honey and Sugar encreases their Virtues, that they ought to precede the Use of sweating Medicines ; That the same Sort are not good for all ; that all the Body may be drained by their proper Help, that they are not to be used at Meal times (except the Solution of Gum Arabick) and that they should be used often to make them effectual.

The fourth Evacuant is Diaphoretic or by Sweat, which is of universal Use in obstructed Perspi-

Perspiration, or what is usually called catching Cold, and in all Fevers to promote the bringing them to a Head; they are sometimes hurtful, as where the Serum of the Blood is in too great Quantity, but in the Urgency of the Disease, and by the close following the Account of their Virtues, you may use the Receipts here given for that End with Safety and Advantage.

The fifth Evacuation is performed by Medicines that promote the spitting up any Thing that offends the Breast; as in Asthmas, Coughs, Phlegm on the Stomach, &c. or by emptying the hurtful Matter by the Glands of the Mouth in venereal Cases; the last operate by opening and widening the Pores of the Jaws, Palate, Tongue, &c. and by fusing, melting and cutting the serous Humour, they greatly help to root out rebellious Diseases; the former that help to cut and bring up viscid Phlegm, are of great Service in Diseases of the Breast; several Forms of both may be found hereafter.

Sneezing Powders or Liquids are a sixth Kind of Evacuants, and great things may be done this Way by proper Medicines, they operate by irritating the Membranes of the Nostrils, they ease the Head both in General and also in Particular, and are chiefly of Use in Apoplexies, Epilepsies, and difficult Labours; but are hurtful in venereal Head-achs, Fractures, Luxations of the Ribs,
Rup-

Ruptures, Ulcers of the Lungs, Spitting of Blood, &c.

Those Medicines that cleanse the Womb, and promote menstrual Discharges are another Kind of Evacuants, of which see a full Account in the Remark, page 41. There remains only the Discharge by Blisters, Setons and Issues.

Blisters are either of great Service or Disservice ; they draw a Variety of Humours, and are of Use in that Kind of Dropsies not broke into the Cavities of the Belly, are requisite in all Pains whether scorbutick or gouty, fixed any where in the outer Habit of the Body, or in any Member ; also when the Blood wants to be leisurely cleared from any foreign or diseased Matter, or in all putrid malignant Fevers, Scurvy, Green-Sickness, or any sluggish Motion of the Blood ; it is very profitable, and of excellent Use in Head-achs, Vertigo's, Dizziness, Lethargy, Convulsions ; or any Distempers too rooted to give Way to any other Evacuations.

On the other Hand, Blisters are very hurtful to those who are afflicted with any Distempers of the urinary Passages, in the Whites, Gonorrhœa or any seminal Discharge ; and in some Constitutions throw too many Salts in the Blood, and do much Damage. Setons are very profitable in Defluxions upon the Eyes, and Pains in the Head ;
and

and before any old Ulcers of the Limbs are dried up, I would advise an Issue to serve as a Drain.

I would here say something concerning Bleeding, but as that Operation cannot (or I should say, ought not) be done without a regular Surgeon, such Instructions would be needless.

The second general Division is of Restoratives, or such as add to and encrease the Bulk of the Body, which may be subdivided into Strengthners, or such as agglutinate, bind, or dry up, which last are usually term'd Sweetners of the Blood; or into Hypnotics or such as procure Sleep, Agglutinants by their smooth slimy Parts, restore the Decays made by continual Motion of the Parts; and thus several restorative Medicines in this Book form'd on that Basis are of the utmost Use.

*The Operation of Restringtons or Binders is generally to close the Mouths of bleeding Vessels, or render the Bowels insensible of the Stimulation of purging Medicines, they are such as add a Springiness or Elasticity to the Fibres and restore the Tone of the Blood; as for the Use of them in Fluxes we are to observe, not to use any by themselves without some Purgative, nor ever to endeavour to stop any Looseness till it hath vitiated the Appetite, for so long as that remains in a State of Health, the other is no more than a critical Discharge of Nature, endeavouring to throw off
her*

her Enemy, which if not strong enough to do alone she must be gently assisted by some Purgative mixed with gentle Restringtons. So proceeding by Degrees, and I doubt not but a due Regard paid to these Rules, with the Use of the Remedies prescribed in this Book, will be of singular Service; as for the Use of Restringtons in Overflowings of the Menes, the Reader is referred to the Remarks on the Remedies prescrib'd in this Case, where they are largely treated of.

The Article of Absorbents next comes under Consideration, in which Class are all those things that soak up superfluous Moisture, and sheath or blunt the Acrimony or Acidity of the Blood or other Juices, hence all testaceous Powders, Chalk, Lime and the rest come in Use, and for all Heart-Burns, Hecticks, Acid-Belches, and other Disorders, as you will find in the Table of Diseases.

Hypnotics, or Medicines to procure Sleep, are of great Use to those who can bear them well, but on the contrary, those who are either remarkably corpulent or thin, of a cold Constitution or lethargick Disposition, must certainly find Hurt thereby, tho' in some Cases they are the only Relief. They should be taken a considerable Time after Eating, lest a violent Pain in the Stomach should take the Place of Rest; after bleeding they are highly improper at least for some Time. Where Laudanum will not seize and disorder the
Head,

Head, it is the best Opiate, and may be safely given to Children or Women with Child, but where it does, which is too often the Case, you have in this Book an invaluable Receipt in the Pil. Nepenthe, Opiates are excellent in Cholicks, Pains of the Bowels, Fevers, Plague, Defluxions on the Lungs, and in inveterate Coughs, but avoid them in hydropick Persons.

The last general Division is Alteratives, or such as alter the Constitution, without any Visible Increase or Decrease of the Bulk and are, first Nervous, which are either Cordials, Cephalics, Carminatives, or Hysterics; or secondly, Stomachicks, or thirdly, Balsamicks, which are either Softners, Restorers, Vulneraries or Cleansers, or fourthly, Coolers.

*Whatsoever cheareth the Heart is termed cordial, and what easeth the Head cephalic, the Manner they act is by rousing the sluggish Spirits, and adding to the force of the Fibres. All Aromatics, or sweet smelling Simples come under this Head, of which hereafter you have many Forms, but take the following Cautions; when there is a great Debility or Weakness of the Faculties, we must not presently flee to comforting Cordials nor indeed to them alone, but the Causes are to be removed, whether there be an Overfulness of Blood, Suffocating the Spirits, or an evil Disposition defiling them, whence often either bleeding or purging
will*

will remove the Cause ; do not too often under the Notion of comforting, take spirituous Preparations, lest instead of Lighting you put out the vital Flame, but let Necessity and Moderation be your Guide.

In Cephalicks have regard that no cephalick Spirit, Water or Elixir be taken on an empty Stomach, lest they destroy, for then they run to the Bowels, harden the Brain, and produce Apoplexies and Dropsies.

Carminatives are such Medicines as expel Wind, of which as you may consult hereafter, I will only say here, give them not where the Patient is costive, or the Excrements hard, lest binding too much they force the Bowels to throw their Contents upwards.

Hysterics are those Medicines that affect the Womb, of Part of which, viz. the Forcers or Stoppers of the Terms we have shewn elsewhere. Under this Head are all the Remedies for the Womb, which seem to operate by a cleansing Quality that open the Glands and by Degrees wear away Obstructions ; further Remarks see hereafter.

The second Class are those that help the Stomach, and are generally Acids or Bitters, of which you have here useful Forms, with the Virtues affixed to each of them.

Soft-

Softners obtain the next Place, which are such as sheath and soften the Sharpness of the Humours, and relax and supple the Solids, at the same Time; for when in the Stomach or any Parts, the Juices have obtained such a Sharpness as to twitch and render uneasy the Fibres and nervous Part, which often happens, those Things which are smooth, soft and yielding, cannot but wrap up their Points and render them imperceptible when they may gradually by the common Course of Circulation, be brought to some convenient out-let without doing any Injuries by the Way; such Parts also draw the Fibres into Cramps, keep them too tight and often occasion thereby Obstructions of the worst Kind, in all such cases Softners lubricate and moisten the Fibres, so as to relax them into their proper Dimensions, whereupon the Disorders cease. Forms for these Uses you will find hereafter.

The Restoratives of this Class afford Nourishment rather than Medicine, and whatever answers this End is both endued with a Disposition to enter into and mix with the most subtle of the Human Fluids, and to fall into and adhere with, such Vacancies of the Solids as have been worn away by Action and stand in need of Recruit; of this also you have some Forms. Vulneraries differ only in Degrees of Strength, with Detergents or Cleansers, and are of such Parts as are fit to mix with, thin, and wear away the Contents of
Ab-

Abscesses and Ulcerations, and those slimy and thick Collections of Humours which are apt to adhere to and obstruct the Vessels. Of these also you have a sufficient Choice.

The last Article of all is Coolers, which are of two Sorts, such as immediately produce a Sense of Cold or such as check by their Vicidity the too quick Motion of the Blood; for further Observations, see the Remarks on several of the following Medicines.

Thus much I thought necessary to premise that these excellent Receipts might not go naked into the World, if they have any Effect to produce a due Management in the Use of them and thereby contribute to the Publick Good, I have my End.

That this Work might be made as useful as possible to private Persons, it was thought proper to add to it by way of Appendix, the Receipts that have of late been made publick, by Sir Hans Sloane, Bart. Dr. Mead, and some others, which it is hoped, will not be unacceptable to the Reader.

The Editor.

R E C E I P T S

I N

P H Y S I C K, &c.

1. *Aqua Analeptica.* Restorative Water.

TAKE live Snails, clear'd from their Shells, four Ounces; wash them three or four Times in Water, and lastly, in a Quart of Small-Beer: Bruise them, and put them in two Quarts of Red Cows Milk, and add dry'd Leaves of red Roses, and of the Herbs, Rosemary, Marjoram, Baum, and Mint, all dry'd, of each one Handful: Put them in a Still, and let it run off upon a sufficient Quantity of white Sugar-Candy.

This is an admirable Medicine in all Consumptions; is of great Service in Vapours, and all uneasy Irritations of the Nerves: The Dose is three Ounces, Morning, Noon, and at Night.

2. *Aqua Aperitiva.* Opening Water.

Take of the common Liver-wort, one Handful; of the Leaves of Harts-Tongue and Osmund-Royal, of each half a Handful: Boil

B

them

them in a Pint of Spring Water to half, adding stoned Raisins half a Pound, and Hartshorn Shavings one Dram: Strain it, and keep it for Use.

This Water or (rather Decoction) taken every Morning, one Ounce to a Child under ten, and two or three Ounces, in a more advanced Age, and greater Strength, is extremely prevalent, in all hepatick Obstructions, the Jaundice both yellow and black, and all ricketty Weaknesses in Children.

3. *Aqua ad Calculum.* Water against the Stone.

Take *Malaga* Wine three Pints; of the Leaves of Rue and Sage, of each one Handful: Boil this 'till a Pint is consum'd; press out the Decoction, and add Ginger half an Ounce, Nutmegs three Drams, and Long-Pepper one Ounce: Boil them again 'till the Spice falls to the Bottom. Then

Take Mithridate and *Venice*-Treacle, of each six Drams, dissolve them in one Pint of Angelica-Water, and mix with the above Wine.

One Ounce of the above, every Morning, 'till the Symptoms abate, is of great Service in Stoppages of Urine, and the Gravel and Stone.

R E M A R K S.

The Sage and Rue must be stript from the Stalks, and the Wine not made to boil fast, but rather simmer gently; the Ginger must be slic'd, and the Nutmeg and Pepper grossly powder'd,

der'd, that the Virtues may the readier come out.

4. *Aqua Antichacochimia.* Water purifying the Blood.

Take red Sanders grossly powder'd two Drams, the best Senna half a Drachm, Sal Alkali, (Salt of Glafs-wort) and Sal Prunel, of each half a Scruple; macerate for twelve Hours in half a Pint of strong Lime-Water, and it will look like red Wine: Decant the Infusion clear from the Dregs, and to half a Pint of this Infusion, add one Ounce of *French* Brandy.

One Ounce of this Infusion taken early in the Morning, will sometimes purge gently, sometimes sweat, and sometimes work off by Urine, according to the Inclinations of Nature, or the Matter to be carried off: But which way soever it worketh, it greatly purifieth the whole Mass of Blood; and therefore is excellent in the Dropsy, Leprosy, Scurvy, and confirm'd Pox.

5. *Aqua Cephalica.* Water for the Head-Ach.

Take of the Herbs Hyfop, Rosemary, and Betony, of each six Handfuls; Spring Water two Quarts: Distil three Pints.

Its Title shews its Use: The Dose is two Ounces Night and Morning.

6. *Aqua Cosmetica.* Beautifying-Water.

Take Lytharge of Silver two Ounces; the sharpest Vinegar one Pint: Boil them together; then

Take Camphire, Borax, Allum, Oil of Tarter by the Bag, of each two Drams; Damask and red Rose Water, of each one Pint: Boil all together, filter and mix with the Vinegar, and keep for Use well stopped.

This is a good and safe Cosmetic; and the Face wash'd with it, will be soon cleansed from all Freckles, Tans, Spots and Redness.

R E M A R K S.

If the above should be too sharp, it may be lower'd with a little Spring Water, and this should be always remark'd; when any repelling Medicine is applied to the Skin, those Humours driven back, should be carried off by some diuretic Medicine, or diverted downwards by a gentle Purge.

7. *Aqua Cosmetica alter.* Another Beautifying-Water.

Take Spring Water one Pint; white Wine half a Pint; the Juice of two Lemons; Bean-flowers, Elder-flowers, each one Handful; white Lilly Roots, two Ounces; Roots of Marsh-mallows and Daifies, each half an Ounce; of the Leaves of Fumitory and Silver-weed, each one Handful and a half; Camphire half a Drachm:

Drachm : Let all macerate for one Night, and next Morning squeeze out, and let it stand in the Sun six Days ; then keep for Use.

Its Virtues and Use are the same as the other ; only this being much softer, is more adapted to Chaps in the Skin, and Pustules in the Face.

8. *Aqua Cordialis.* Cordial-Water.

Take of the best *French* Claret, one Pint ; Black Cherry Water, a Quart ; Leaves of Balm, and Cinnamon bruised, of each one Ounce ; Nutmegs, two Drams : Macerate for a Day and a Night, and then distil ; and to each Pint of the distill'd Water, add four Ounces of white Sugar-Candy.

This is a great Cordial, and a Glass of it will greatly revive in all Languors of the Spirits, Faintings, and that Sickness very common after Bleeding.

9. *Aqua Diuretica.* Water, provoking Urine.

Take Roots of Marsh-mallows, two Drachms ; Liquorice-Root, half an Ounce ; Elecampane-Roots, three Drams ; Burnet-Leaves, one Handful ; Raisins and Prunes, each one Ounce : Boil all in a Quart of Rain Water.

Three Ounces of this Decoction, three or four times a Day, provokes Urine ; and by lubricating the urinary Passages, may promote the Expulsion of some small Stones that may hinder the free Discharge of the Water ; but this

is too flight to be depended on in Cafes of Confequence.

10. *Aqua Divina Noſtra.* Our divine Water.

Take an Ounce of ſublimated Mercury, and boil in a Sand Heat for half an Hour in a Glaſs Veſſel in half a Pint of Roſe-Water, four Ounces of Plantain-Water, and an Ounce of Citron-Water, and of Water of Sweet Navew; filter and keep for Uſe.

By waſhing the Part, this is greatly prevalent againſt all malignant Ulcers, Scabs and Itch; minding the Remark of the 6th Article.

R E M A R K S.

As the ſweet Navew Water is now ſeldom made, an Ounce of the ſtrong Decoction of the Herb will be as well.

11. *Aqua ad Fiſtulam.* Water for a Fiſtula.

Take of white Vitriol and Allum, each two Ounces; powder them and put them in a large Crucible on a ſtrong Fire: Let them calcine, and when cold, powder it again; then take a Quart of boiling Spring Water, into which, by little and little, caſt in one Ounce of the ſaid Powder, and when cold keep for Uſe.

This is an excellent Water for Fiſtulas and callous Ulcers, waſhing the Place, and laying on a Pledget of Lint wet and preſſ'd out, with the Water.

12. *Aqua*

12. *Aqua ad Fistulam Alter.* Another Water for a Fistula.

Take Sal Armoniac, Roch Allom, White Vitriol, Camphire, and Succotrine Aloes, of each two Drams ; Lime-water a Pint ; let them boil for an Hour in a well-luted Earthen Vessel not glazed, and when cold keep for Use.

This, besides the Virtues of the above, is of great Service in Specks and Inflammations of the Eyes, but it must be a little diluted for the Eyes.

13. *Aqua Galli Rubri.* Water of a Red Cock.

Take of the Herbs Hyssop, Wild Marjoram and Burnet, of each one Handful ; Leaves of Rosemary half an Ounce, Raisins of the Sun two Pound, Currants three Pound ; cut the Herbs small, and mix with the Fruit, and put half the Quantity in an Alembick ; then

Take an old Red Cock alive, pluck him, cut him in half, and throw away the Guts ; place him upon the Herbs in the Alembick ; then strew on the remaining Herbs, and pour in two Quarts of White Wine and one Quart of Water, and distil two Quarts, according to Art, upon two Pound of White Sugar.

The Water so distill'd is a wonderful Restorative, and conduces greatly to recruit a Waste of the Solids, therefore cannot but be of great Use in Consumptions, and a Wasting common in Hec-

tics, and is excellent after a Salivation — The Dose is two Ounces twice a Day.

14. *Aqua Lactis Coagulatione.* Water against the Curdling of Milk.

Put ten Handfuls of Ladies Mantle (fresh gather'd with the Dew upon it) into a cold Still, and without any Water distil; then

Take one Pound of the above Water; Red, Yellow, and White Saunders, finely powder'd, of each one Ounce; let them macerate for three Days, and decant and keep for Use.

This is intended for the Curdling of Milk and Pains of the Breast in new-deliver'd Women; fomenting the Breast twice a Day, and taking inwardly four Ounces Night and Morning.

15. *Aqua Lithonriptica.* Water for the Stone.

Take of Hips full ripe one Pound, bruise them, and macerate in White Wine three Quarts, then distil; then

Take of the Seeds of Butter-bur, finely powder'd, one Dram; and give in four Ounces of the above Water Night and Morning.

This is very prevalent in the Stone, Strangury, and all Nephritic Cases.

16. *Aqua Lithonriptica Alter.* Another Water for the Stone.

Take of the Fruits Black-Cherries, Wild Sloes, Hips, and Pomegranates, each half a Pound.

Pound. Of the Green Tops of Horfe-Radish one Handful, Nutmegs one Ounce; White Wine a fufficient Quantity to cover the above; macerate for two Days, and then diftil in a cold Alembick.

This is more powerful than the former, the Dofe is two Ounces twice a Day.

17. *Aqua Optbalmica.* Eye-Water.

Take of the Flowers of Red-Rofes, the Herbs, Teafel, Vervain, and Ground-Pine, of each one Handful; burnt Vitriol one Dram: Diftil in an Alembick and keep for Ufe.

This is for ftrengthening the Eyes and sharpening the Sight. Drop a little into the Eye often.

18. *Aqua Optbalmica Alter.* Another Eye-Water.

Take of the Leaves of Ground-Pine, Celandine, and Daifies, of each equal Parts, bruife and prefs out the Juice, to which add an equal Quantity of Rose-Water, and a little White Sugar-Candy.

This is a good Remedy in inflamed Eyes; or where Spots and Film are beginning to obftruct the Sight.

19. *Aqua Optbalmica Draytoni.* Eye-Water of Dr. Drayton.

Take Succotrine, Aloes, Prepar'd Tutty, and white Sugar Candy, of each one Ounce;
Cam-

Camphire half an Ounce, powder them all; macerate the Tutty in Breast-Milk for three Hours, then throw away the Milk and put on more for three Hours longer, this repeat four times; then to the Tutty add the other Things, then pour on Rose-Water one Pint, Canary a Quart, mix exactly, and put into a Glass well cover'd in the Sun for four Days, shaking often every Day, then keep well stop't for Use.

This is good to be dropt frequently into rheumy Eyes; and those whose Eyes are gummed up may open them with this Water: It is likewise good in Inflammations and Specks, and preserveth the Sight from Decay in antient People.

20 *Aqua Phagedenica Nostra.* Our Phagedenic Water.

Take Sublimate Mercury half a Dram, Sal Alkali one Dram, dissolve them in an Iron Mortar, with a Pint of Lime-Water, stirring it about till it looks like Blood.

With this wash callous and malignant Ulcers.

R E M A R K S.

This differs from the Phagedenic Water of the College, only in the Addition of the Sal Alkali, which gives it another Colour, and therefore renders it less liable to be known than the common, and is useful where in an old Ulcer the Patient by knowing the yellow Water

ter will not suffer it to be apply'd, is pleasingly cheated into a useful Application, which had he known, he would not have submitted to ; besides this is less painful in its Operation.

21. *Aqua Sarcotica.* Sarcotick Water.

Take Vitriol half a Pound, Camphire two Ounces, melt them in a Crucible ; add Bole Armoniac two Ounces, then

Take of this Powder an Ounce and a half, Spring Water a Quart, mix and keep for Use.

This is an excellent Medicine, cleansing all foul Ulcers, and disposing them to heal, in the Itch, and all cutaneous Eruptions, it is both safe and efficacious. The Teeth and Gums frequently rubb'd with this are certainly kept clean and freed from the Scurvy : And all Inflammations, especially those of the Eyes and Defluxions of Rheum, will receive great Benefit from this Medicine.

R E M A R K S.

This little differs from the Aqua Camphorata of Bates ; here the Vitriol is encreased to double the Quantity, as is the Camphire, and the Bole lessen'd as much. It is to be noted in the Use, that to Ulcers it must be a little warmed ; if used to the Teeth, tye a Rag on a Scuer and dip it in the Water, and then rub the Teeth, taking Care to wash the Mouth with a little Water pretty often ; and for the Eyes, if it is too sharp, it may be lower'd with Spring-

Spring-Water. In the Itch, pour a little into the Hollow of the Hand, and therewith rub wherever any Eruptions appear, and this with the Help of a little Physick will infallibly cure without any nasty Ointment. I much question if that Chymical Liquor (as it is call'd) so much fold of late can be more serviceable, I am pretty certain it is less safe, tho' excessively dearer.

22. *Aqua Stephani Nostra.* Our Doctor *Stephens's* Water.

Take of Cinnamon, Ginger, Nutmegs, Cloves, Mace, Anise and Caraway Seeds, of each one Dram: Of the Leaves of Thyme, Mint, Sage, Rosemary, Red Roses, Chamomile, Lavender and Pellitory of Wall, of each one Handful. Let these bruised and cut macerate seven Days in two Gallons of Red Wine, in a Matrafs in a Sand-Heat, then distil in an Alembick.

This is a great Cordial, it strengtheneth the Brain, is good in all Faintings, Sinkings of the Spirits, Palsies and Convulsions, helpeth Digestion, killeth Worms, helps a weak Stomach, is good in the Stone and Gravel, and of great Service join'd to other Remedies in the Dropsy.

R E M A R K S.

Here is a great Difference between this and the College, by the Addition of a Herb and a Spice,

Spice, and the Omission of three Herbs, a Root and two Seeds. The Reasons I take to be as follows: First the Origany (*i. e.* Wild Marjoram) can answer no End but as an Hysterical, which it is manifest our Author did not design this for; besides its Taste is so predominant and so extremely hot, as to hinder the taking so large a Dose, as is otherwise requisite; for the same Reasons also is the Pennyroyal left out, and the Mother of Thyme.

23. *Balsamum Artificiale.* Artificial Balsam.

Take of the best Olive Oil one Pint, Venice Turpentine four Ounces, Hog's Lard and yellow Wax of each half a Pound; Deer's Suet two Ounces, Liquid Storax six Ounces, Oil of St. John's Wort three Ounces, Natural Balsam, (*i. e.* of Gilead) half an Ounce, Powder of Prepar'd Earth-Worms, Red Sanders, Mummy, and Dragon's-Blood, of each two Drams; of the Herbs Rosemary, Bay, Marjoram, Vervain and Burnet, each one Handful; Rose-Water and Plantain-Water each two Ounces; make into a Balsam according to Art.

R E M A R K S.

The Words, “ according to Art ” imply a great deal, so much, that none but those that are of the Business can tell how to prepare so perplext a Medicine; and as I design this Book greatly for Family Use, I will for the Sake of unlearned Readers, that they, through Ignorance
of

of the Preparation may not be depriv'd of so excellent a Remedy give Directions how this is to be done.

First take a new glazed Vessel, in which put the Red Sanders, the Mummy, Dragon's-Blood and Wax, and let it boil softly over a gentle Fire.

Then in another Pipkin put the Oils, the Suet, Lard, Liquid Storax and Turpentine, and the Herbs cut small, boil them moderately and press out the Liquid, which mix well with the other melting in the first Pipkin, let them just simmer, and add the Balm of *Gilead*, then take it from the Fire and keep it for Use.

This Balsam spread on Lint is excellent in Wounds and Ulcers, and by anointing the Part is very serviceable in Pains arising from Colds, Weakness and Contractions of the Nerves, Gout in the Feet, Cramps and Convulsions, and likewise is very prevalent in the Itch and spreading Sores.

24. *Balsam Artificiale Alter.* Another Artificial Balsam.

Take Centaury, Betony, St. *John's* Wort and Self-Heal, each with their Flowers, one Handful, put in a Glass-Vessel, with as much Olive-Oil as will cover them, lute on a Cover, and macerate in the Sun for a whole Summer, till it looks like Claret, then keep for Use.

In all Inflammations and Head-achs, by anointing the Back and Crown of the Head; it
is

is of great Service also in the Itch, Piles and Scabs, rubbing the diseas'd Part; and one Dram for a Dose given in a proper Vehicle, and repeated as Occasion serves is excellent in continual Fevers.

25. *Balsamum Lucatelli Nost.* Our *Lucatellus's* Balsam.

Take of the Herbs *Carduus Benedictus*, *Valerian*, and the Lesser Sage, (*i. e.* Sage of Virtue) all with their Flowers, of each four Ounces; of the Leaves and Flowers of *St. John's Wort* half a Pound: Cut the Herbs small, and macerate a Day and a Night in a Quart of the best White Wine, and three Pints of Oil Olive, then boil gently over a slow Fire (continually stirring it) till the Wine is consum'd, then press out and add Venice Turpentine one Pound and a half, let them boil moderately for half an Hour, and towards the End, add finely powder'd Olibanum four Ounces; Choice Myrrh three Ounces, and Dragon's-Blood one Ounce, boil all to the Dissolution of the Gums; place all in a fit Vessel, and let it macerate in the Sun for twenty Days; then put up and keep for Use; and thus made it will keep good for above thirty Years.

R E M A R K S.

This is greatly different from the College, by the Addition of the Herbs, the Omission of the Wax, and substituting the Dragon's Blood
for

for the Sanders, as the *Edinburgh* and *Bates's* Dispensatory have done. Mr. *Quincy* very justly observes, that the Sanders can answer no Intention, either as a Vulnerary or Balsamic; for which Reason it is rejected by all those who have mentioned it as an external Application. The Myrrh and Olibanum are very advantageous Additions, and must greatly add to the Warmth of the Medicine: If it is made as above, its Virtues are as follows:

This is a good Medicine in all Wounds and Ulcers, as well internal as external, and will draw extraneous Bodies out of Wounds: It is also good in Burns and Contusions, and will give Ease in the Pains of the Head, Gout in the Feet, Pleurisy and Cholick, by anointing the Part. If two Drams be taken every Morning for a Fortnight it will expel Poison, and by its Unctuosify will cloath and satisfy the Coat of the Stomach against the acute Points of the Poison, which so blunted, will not act with that deadly Force. In Surfeits take two Drams in a Gill of Canary: It is of great Service in Ulcers of the Lungs which it lenifies and cures; in Asthmas and inveterate Coughs it is useful, and hinders the Effect of pestilential Air, anointing the Lips and Nostrils, and may very conveniently be joined with Dr. *Mead's* Powder in the Cure of the Bite of a mad Dog: It is good in Fistulas, killeth Worms, is a safe Application in Cancers, and an efficacious Medicament in the Small-Pox and Measles, two Drams
given

given in warm Broth every Morning for the first four Days, helping Nature to throw off its Enemy, and thereby securing the Heart and casting the Venom to the extreme Parts: It strengthens Digestion by anointing the Stomach nightly, and is an excellent Remedy in Bloody-Fluxes.

26. *Balsamum Traumaticum.* A Vulnerary Balsam.

Take of the Herbs Betony, Centaury the Less, and the greater Comfrey, with Melilot Flowers, each one Handful; St. John's-Wort, two Handfuls: Cut these into a Pint of Oil of Olives, and let them macerate in the Sun a whole Year; then add Gum-Elemi and Dragon's-Blood, each half an Ounce, and keep for Use.

R E M A R K S.

This is very like the artificial Balsam above, and is a tedious Preparation; but it will be quite as well if it is put for about a Month in a Sand-Heat, often shaking it; and when it acquires a rubricund Colour, add the Gums: Digest about a Week longer in the same degree of Heat, and keep well stopt for Use; the older the better.

This is chiefly designed for Wounds, Ulcers, and Inflammations.

27. *Balsamum Traumaticum Secundum.* The second Vulnerary Balsam.

Take of the Leaves of Sage and Rue each half an Ounce ; Bay and Wormwood, each three Drams : Beat them well with a Pound and half of Mutton Suet, and mix with a Quart of the best Sweet Oil : Put it in a new well-glaz'd Pipkin, and shut it up, putting it in a Chimney-Corner for ten Days ; then boil it gently ; towards the End add an Ounce of Oil of Spike, and stirring it well, take from the Fire and pour off clear.

This is to be dropt into the Ears against Pain, Tingling, and Deafness, to anoint the Backbone against the Stone, and to be used against all Bruises, Pains, Tumors, Scabs, Whitloes, Burns, and St. Anthony's-Fire.

R E M A R K S.

This must never be used to scabbed or scald Heads of Children. It is best made in *May*, and will keep good many Years.

28. *Balneum Hydropicum.* A Bath for the Dropsy.

Take seven fresh kill'd Sheep's-Heads, cut them very small, and take away the Tongues and Brains ; a Leg of Beef, and four Calves-Feet ; chop the Bones and Meat very small, and boil them with a Pound of Hartshorn Shavings, in ten Gallons
of

of River Water. When it has boil'd some Time, bruise and put in Fennel, and Coriander Seeds, each half an Ounce ; and cut in the following Herbs, Tops of Mallows ten Handfuls, Sage, Balm, Thyme, Wormwood, Tansey, Southernwood, Fennel, Chamomile, Costmary, Lavender, Clary, and Wood-Sorrel, each two Handfuls, and Groundfel one Handful : Cover the Copper and boil six Hours, skimming off the Fat ; then pour out into a Tub for Use.

Beside being excellent in the Dropsy, this is good in Consumptions, Wastings of the Body, Gout, Rickets, Scurvy, Asthma, and Evil ; and strengthens paralytic and enervated Limbs.

REMARKS.

The Bath must be used as hot as can be borne, and the Patient must sit in it naked 'till it grows cool ; then get out and go into a warm Bed for about an Hour ; this repeat every Day, heating the same Bath, which will serve a long while.

29. *Bolus Astringens.* An Astringent Bolus.

Take Bole-Armoniac half a Dram, Powder of Maiden-hair three Drams, Nutmegs two Drams, Powder of Cloves two Scruples, with red Wine enough to make a Bolus for one Dose.

This yields to none in the Gonorrhea, Whites, and too much flowing of Womens natural Discharges.

30. *Bolus in Diarrhea.* A Bolus for a Flux.

Take Flower of Brimstone one Dram, mix it with the Yolk of one Egg in a small earthen Pipkin, and put it over the Fire 'till it is warm, then take it.

For a Flux or Bloody-Flux, repeat every six Hours 'till it ceases.

This is as prevalent in the Piles, as in Fluxes.

31. *Cataplasma Anodyna.* An Anodyne Poultis.

Take new Milk a Quart, Leaves of Mallow, Wormwood, and Chickweed, each one Handful : Boil all together, and mash the Herbs in a Marble Mortar, adding a little Hog's-Lard and Bean-Flour, enough to make a Poultis, to be renewed every eight Hours.

This is good for Swellings of the Breast.

32. *Cataplasma Antifebrile.* A Poultis against Fevers.

Take Venice-Treacle an Ounce, Oil of Myrrh eight Drops, Oil of Amber six Drops ; mix well and apply to the Wrists before the Fit.

For Tertian and Quartan Agues.

33. *Cataplasma Antifebrile Alter.* Another
Fever-Poultis.

Take two Orange-Peals, Wood-Soot an Ounce, a little Salt, and two Scruples of Pepper: Beat well together, and apply to the Wrist.

This is an admirable Medicine in Tertian Agues.

34. *Cataplasma Antipestile.* An Antipestilential
Poultis.

Take Hog's-Lard half a Pound; Chamomile and Wormwood, each a Handful: Bruise them together, and boil 'till it is very thick, and add Saffron in Powder two Scruples, spread on a Cloth, and apply warm.

This is good to apply to Carbuncles and Plague-Sores, to draw out the Infections.

35. *Cataplasma Discutientia.* A Dispersing
Poultis.

Take New Milk a Quart, red Rose Leaves a Handful, boil to a Thickness, add an Ounce of cold-drawn Linseed-Oil, and apply warm.

This is for indurated Tumours, and for curdled Milk, which it either disperses or brings to a Head.

36. *Cataplasma Opthalmica.* A Poultis for inflam'd Eyes.

Take Linseed and Fleafeed, of each half an Ounce; make a Mucilage, which thicken to a Poultis with the Crumb of a white Loaf, and apply to the Eyes warm every eight Hours.

This is excellent and safe in Defluxions of Rheum and inflam'd Eyes.

37. *Alter.* Another.

Take Spirit of Wine and Rose-Water, each one Ounce, and apply to the Eyes on a four-doubled Rag.

This is rather a Collyrium than a Poultis, and may be used for the same as above.

38. *Cataplasma Paronichiale.* A Poultis for a Whitloe.

Take Sage cut small one Handful, and boil it for half an Hour in a Pint of Ale; then add Bran or Wheat Flour two Handfuls, and with a little Hog's-Lard, boil it to the Thickness of a Poutis, and apply twice a Day 'till the Whitloe is ripe.

Its Title shows its Virtues, which are for ripening Whitloes and malignant Tumours.

39. *Cataplasma Stomachica.* A Poultis for the Stomach.

Take Hog's-Lard four Ounces, Chamomile and Wormwood each half a Handful; boil to a Thickness, and Saffron powdered one Dram, and spreading upon a Linnen Cloth double, and apply to the Stomach.

This is designed for Pains of the Stomach.

40. *Cerevisia Antihydrica.* An Ale for the Dropsy.

Take of the Herbs, Agrimony, Smallage, Brooklime, red Sage and Succory, each one Handful: Ginger rasped, Anise and Sweet Fennel Seed bruised, each two Ounces; Fresh Orange Peels five Ounces: Put all in a Flannel Bag, and let it boil in six Gallons of new Ale not hopp'd, and after sufficient working, Tun it up for Use.

This must be drank for some Time the Quantity of a Quart a Day, and is admirable in Flatulencies of the Belly, and all hydropic Affections.

41. *Cerevisia Optalmica.* Ale for the Eyes.

Take live Hog-lice twenty, Betony Leaves a Handful: Beat them together, and boil in a Quart of strong Ale, and strain off.

This must be taken the Quantity of four Ounces Morning and Evening for the Space of nine Days, and if thus continued, this wonderfully clears the Sight, and cures even Blindness, if not arising from an ill Disposition or Decay of the Optick Nerve.

42. *Collyrium Optbalmicum.* An Eye-Water.

Take the White of one Egg and beat up with the Juice of Celendine, Maiden-hair and Ground Pine, each equal Parts to the Consistence of an Oil.

This is very good to cool and drive back sharp Rheums, and will clear the Eye of Films and Specks if used in their Beginning.

43. *Decoctum Antiscorbuticum.* Decoction for the Scurvy.

Take white Wine a Quart, Scurvy-grass and Horse-Radish Root, each half an Ounce, Long Pepper five Grains, Cinnamon a Dram, one Lemon, (Rind and all.) Let them boil in a Bath Heat.

Half an Ounce of this taken Morning and Night, and continued for some Days, will scarce ever fail being of great Service in all scorbutic Disorders and likewise in Dropsies.

This I greatly recommend to Persons come off of a long Voyage, to carry off the bad Effects of a Continuation of Salt Diet.

44. *Decoctum Antivenereum.* A Decoction
against the French-Pox.

Take of the Chips of *Lignum Vitæ* four Ounces, Shavings of *Sassafras* half an Ounce, *Sarsaparilla* two Ounces ; boil in a Gallon and half of Spring Water to the Consumption of two Quarts ; then add *Liquorice-Root* one Ounce, *Coriander* and *Sweet Fennel Seed*, each an Ounce and a half, *Raisins of the Sun* ston'd a Quarter of a Pound, *China Root* one Ounce : Boil all again, and when taken from the Fire, add half an Ounce of *Sal-Prunel*.

This must be drank half a Pint twice a Day in the intermediate Days of purging, for the Venereal Disease (See the *Pill Antivenerealis*) This is also of excellent Use in the Scurvy, as it greatly purifieth the Blood, and will be of great Service in Dropsies.

R E M A R K S.

The *Sarsaparilla* cannot add any thing to the Virtues of this Decoction ; therefore in its Stead I would advise the Addition of an Ounce more of the *China Roots*.

45. *Decoctum ad Colicam.* A Decoction for
the Cholick.

Take fresh *Leeks* a Handful, *Castile Soap* a Dram, *Dates* and *Pomegranates* each two ;
beat

beat well and boil in a Pint of Muscadine Wine, and drink it when in Bed well covered to sweate.

This gives Ease in the most racking Pains of the Cholick and most terrible Fits of the Stone.

46. *Decoctum Optbalmicum.* A Decoction for the Eyes.

Take live Hog-lice and Betony each one Handful; bruise them with two Ounces of the best Honey, and boil in a Quart of new unhopp'd Beer 'till half is consum'd, then press out the Decoction.

The Dose is four Ounces Morning and Evening, and it sharpeneth the Sight and clears Obstructions of the Optick Nerves.

47. *Electuarium Analepticum.* A Restorative Electuary.

Take the Pith of an Ox's Back-bone, boil and clear'd from the Skins and Films four Ounces, Pulp of Prunes five Ounces, Cinnamon powder'd one Ounce, Malaga Wine a Pint: Boil all to the Consistence of an Electuary.

This taken twice a Day is a wonderful Medicine in Consumptions and Weaknesses of the Back, arising from what Cause soever, and is a very proper Medicine after a Hectic Fever or a Gonorrhea.

48. *Electu-*

48. *Electuarium Asthmaticum.* An Asthmatic
Electuary.

Take Conserve of red. Roses one Ounce, Gum mastick in Powder one Dram, Gum Olibanum powder'd half a Dram, Balsam of Tolu six Grains: Mix for two Doses, one in the Morning and one at Night.

This will do great Service in Asthmas and inveterate Coughs, and will not lay open the Patient to those Inconveniences of taking Cold as oily Medicines frequently do.

49. *Electuarium ad Gonorrhœam.* An Electuary
against a Gonorrhea.

Take Troches of Winter Cherries, Cream of Tartar, Parsley Seed and *Agnus Castus* Seed (*i. e.* the Chast-Tree) each two Drams, Senna in Powder six Drams, Powder of Rhubarb half an Ounce, Scammony two Drams, Venice Turpentine two Ounces, Oil of Juniper a Dram, Lenitive Electuary half a Pound: Mix and make an Electuary.

Its Name shews its Virtues; the Dose is a Dram Morning and Evening.

R E M A R K S.

This is one of the most excellent and efficacious Medicines in Nature; and I dare pronounce there is not any Venereal Taint of the
first

first Infection but what this Electuary will master, with the Help of the *Tinctura Guaiaci Diaphoret.* (No. 135) purging off the Virulence first with *Pil Antivenerealis*, (No. 86) thus these three Medicines, in the Hands of one of the least Knowledge of the Nature of the Disease, will be an inestimable Treasure, as I doubt not but every one will find.

Besides the above Use, it is greatly prevalent in the Whites in Women, or in that simple Gonorrhea common in new-married Men.

50. *Elixir Salutis Nost.* Elixir of Health, or our *Daffy's* Elixir.

Take choice Senna Leaves pickt from the Stalks three Ounces; the best Rhubarb, Elecampane Root, Guaiacum Chips, Liquorice Root, Anise Seeds, Sweet Fennel Seeds and Coriander Seeds, each one Ounce; Raisins of the Sun half a Pound; bruise the Seeds, slice the Roots, and put them in a Matrafs, with three Pints of Double-distill'd Anise-seed-Water. Lute and digest for eight Days, shaking the Glas five or six times a Day, and press out, and add Saffron and Cochineal each two Drams.

R E M A R K S.

This is widely different from the College Recipe, that being little other than an Anticholic, whereas this is a noble Purge; here is an
Ad-

Addition of the Rhubarb, a substituting of the Sweet Fennel in the Room of the Caraway Seeds, and encreasing the Quantity of the Senna, and changing the *French* Brandy for Aniseed Water. The Dose of the other was too large for those to take as a Purge that are not used to Spirituous Liquors; but this by the Addition of the Purgative Ingredients, has less'n'd the Dose, which is now an Ounce early in the Morning.

Its Use is for Crudities of the Stomach, Yellow Jaundice, and all Obstructions. It moderately purgeth and strengthens the Bowels and Digestive Faculty.

51. *Elixir Stomachicum.* A Stomachic Elixir.

Take of *English* Saffron one Dram, Spirit of Wine half a Pint, digest for five days; filter the Tincture, and add Double-refin'd Sugar, and Red Rose-Water, each four Ounces.

The Dose is half an Ounce Morning and Night, to remove any Obstruction, strengthen the Stomach, and encrease Appetite.

52. *Emplastrum Corroberativum.* A Strengthening-Plaister.

Take *Castile* Soap seven Ounces, Red-Lead and Ceruss each one Pound; Olive-Oyl one Pint: Let all incorporate exactly in a new Earthen Vessel, on a slow Fire, continually stir-

stirring, for the Space of an Hour; then increase the Fire, till the Plaister grows of a livid Colour, and make up according to Art.

R E M A R K S.

It is to be minded in making of Plaisters, that where Litharge, Red or White Lead, or such like be ordered, some Water is necessary to be added to keep them from burning. But if the Water should be wasted before a due Consistence should be obtain'd, which may be known by its ceasing to bubble, that Waste must be supplied with boiling hot Water; for if any be put in cold, its sudden Rarefaction will swell the Gluey Matter out of the Vessel, and throw it about with Force enough to do a great deal of Mischief.

A Plaister is known to be boil'd enough, when a little dropped on a Tile ceases to stick to wet Fingers.

If this Plaister be applied to the Stomach it eases Pain, and procures a good Appetite; if placed on the Belly it relieves the Cholick; on the Loins, it helps the Bloody Flux, mitigates the Pains of the Stone, is good in Gonorrhea's and Weaknesses of the Loins, and hath a dispersing Power in Whitloes and all Tumors; is prevalent in the Piles, and if apply'd to the Joints of the Neck helps Head-Achs, Madness, Inflamations of the Eyes,
pro-

provokes the Female Discharges, and facilitates Conception.

53. *Emplastrum ad Lumbricos.* A Worm-Plaister.

Take Bull's Gall half a Pint, Cummin-Seed bruis'd, Leaves of Arse-smart each half a Handful, Roman Wormwood a like Quantity, boil together on a slow Fire, to a Thickness, which spread on Leather, and apply to the Regions of the Navel.

This Plaister (or rather Cataplasme) is an approved Cure for Worms.

54. *Emplastrum Ischiaticum.* A Plaister for the Sciatica.

Take Frankincense, Yellow Wax and Thick Turpentine, of each half an Ounce; Ship-Pitch and Rosin of the Pine, of each two Drams, melt all moderately together, stirring it well.

This while warm must be spread with a Wooden Spatula upon Leather, and applied to the aggrieved Part, as an excellent Remedy to ease the Pains of the Hip and Foot-Gout.

55. *Emplastrum Poriginosum.* A Plaister for Breakings out in the Head.

Take Ship-Pitch an Ounce, Rosin and Turpentine

pentine and Hog's Lard each two Ounces, make an Emplaster.

Having cut the Hair close, apply this Plaster for nine Days, and then rub the Places with the *Unguentum Poriginosum*. (No. 151).

You must add a little more Lard, that being scarcely enough.

56. *Emplastrum ad Ulcera*. A Plaster for Ulcers.

Take of the Herbs Baum, Rue, Wormwood, Sage, Plantain, Valerian, Chamomile, the Greater Comfrey, Bugloss and Woodbine, each one Handful, bruise them, and add *May Butter* half a Pound, Hogs-Lard two Ounces, boil together till the Herbs are crisp and the Liquor green; then press out, and add Rosin a Pound, Verdegrese half a Pound, then boil for a Quarter of an Hour, and make a Plaster.

This is for old obstinate Ulcers and Wounds, and to hasten the Exfoliation of Bones.

57. *Extractum Emeticum Glauberi*. Glauber's Vomiting Extract.

Take Flowers of Antimony one Ounce, purified Tartar two Ounces, Sugar-Candy six Ounces, Rain Water a Quart, mix all together and put them in a Bath Heat, in a proper Glass Vessel, well closed, for ten or twelve Days, and
when

when the Bath grows Cold, filter the Decoc-
tion, which will be of a sweetish Sour and of
red Colour; then extract all the Humidity of
the above Water in a Gourd Glass with a slow
Fire to the Consistence of Honey of a brown
Colour.

Then upon this Extract pour a Pint of Spi-
rits of Wine, and digest as above for one
Day. Decant the clear Liquor from the Dregs
and filter, which red filter'd Liquor again e-
vaporate to an Extract.

The Dose is from one to ten or twenty
Grains, according to the Age and Strength of
the Patient. It is a very gentle Vomit, and may
be given to Infants in Wine, or any other proper
Vehicle; it begins to operate within half an Hour
after the taking, and ceases in less than two
Hours, and sometimes operates by Stool; this
eradicates all noxious Humours, and opens all
Obstructions whatsoever.

58. *Extractum Diaphoreticum* Glauberi. *Glauber's* Sweating Extract.

Take Sassafras and Sarsaparilla, of each six
Ounces, Ginger, Zedoary, and Galangal Roots,
of each three Ounces, Long-Pepper, Cubebs
and the Lesser Cardamom Seeds, each one
Ounce, Mace and Cinnamon, each half an
Ounce, English Saffron, Nutmegs and Cloves,
each one Dram; powder the Spices and rasp
the Woods and Roots, and put them in a Ma-
D trass

trafs and cover them with Spirits of Wine, and extract a Tincture, of which make an Extract in the Manner of the foregoing.

The Dose is from one Scruple to one Dram, in a proper Vehicle, to be given in the Plague, French-Pox, Scurvy and malignant Fevers; and repeat at Discretion.

59. *Extractum Diureticum* Glauberi. *Glauber's*
Diuretic Extract.

Take of the Seed of Saxifrage, Carraways, Fennel, Parsley and Nettles, of each three Ounces; Roots of Liquorice and Butter-burr, of each one Ounce; powder all the Seeds, and slice the Roots; and with Spirit of Juniper, make an Extract as above; to which Extract when finished, add Volatile Salt of Amber, and Salt of Soot, of each half a Dram, and pure Nitre a Dram.

This is an excellent Medicine in the Stone, Gravel and Stoppage of the Urine; the Dose from one Scruple to one Dram in Parsley Water.

60. *Extractum Opiatum* Glauberi. *Glauber's*
Opiate.

Take Choice Opium three Ounces, Spirit of Salt two Ounces, putrified Tartar one Ounce, let them macerate together in a Glass Vessel, in a Sand Heat for one Day, then add
Spirit.

Spirit of Wine eight Ounces, and draw out a Tincture ; pour off the Tincture and add more Spirit to the Dregs ; and so proceed till the Dregs will give no more Colour : Join the Tinctures and add Saffron two Drams, Oyl of Cloves one Dram, and make an Extract as above.

The Dose is from one to five Grains, is an excellent Anodyne, and admirably provokes Sweat, and if the eighth Part of a Grain be given to a new born Child in a little Breast-milk, will prevent all Fits and Convulsions.

61. *Extractum Purgans Glauberi.* Glauber's
Purging Extract.

Take dried White Hellebore Root a Pound, Mechoacan and Jallop Root, each four Ounces, Cinnamon, Anniseeds and Fennel Seeds, each one Ounce, English Saffron, a Dram, powder all these and digest in Spirits of Wine to a strong Tincture ; and proceed with fresh Spirit as above, then unite all the Tinctures, and draw off the Spirit in a Glass Alembick in a Sand Heat, till the Remains is of the Thickness of Honey, and of a brown Colour, which keep for Use.

Give from three to twenty Grains of this Extract, with a little White Sugar to correct it, according to Age or Strength of the Patient, and it is a moderate safe and pleasant Purge.

If Pills are more agreeable to the Patient; then while the Extract is yet warm add, Succotrine Aloes finely powder'd one Ounce; Scammony prepar'd half an Ounce; and then the Dose is from six Grains to a Scruple.

REMARKS on these FIVE EXTRACTS.

These Extracts originally from *Glauber*, are truly Chymical Preparations; and the Troublesomeness of the Processes makes them altogether unfit for Family Use; and it is only that I would do the Part of a faithful Translator, that I have inserted them here; as for their Virtues, they are well worth the while being made for any one's private Practice, especially the Sweating Extract, and the Opiate, both which are admirably contrived to answer their Intentions; the Woods, Roots and Spices, in the former being well chose, and much safer than Antimonial or Mercurial Sweats, and the Opium in the latter, is so well guarded by the Tartar and Spirit of Salt, as to be not so liable to cause a Delirium, as the Crude Opium itself frequently does in several Constitutions; as for the others, I must think while *Ipecacuanha* is in the World, there will be little Occasion for the Emetic Extracts, except indeed in the first Stages of a Dropsy or Jaundice, and also in Hypochondriacal Melancholy, where it requires a rough Vomit to break Cohesions, rouse the Spirits, and promote a brisker Circulation of

of the Fluids ; and there only the Emetick Extract is of Service : As for the Diuretic many other neater, easier, and more efficacious Medicines are in this Book, for which see the Index, as also for Purges.

62. *Gargarisma pro Cancro Oris.* A Gargle for a Cancerous Mouth.

Take Leaves of Woodbine, the Lesser Garden Costmary, Housleek, Cinquefoil, tender Tops of young Bramble, Nettles, Rosemary, Rue, Fennel, and Sorrel, of each an equal Quantity : Bruise them, and press out the Juice, which Juice put in a proper Pan well glazed, with an equal Quantity of Vinegar : Boil them together the Space of a Quarter of an Hour ; then to every half Pint of this Decoction add half an Ounce of Roch Allum, half a Dram of Ginger finely powder'd, and two Ounces of the best Honey ; then boil it again, and strain off for Use.

This is a noble Medicine for the Cancer, or Scurvy in the Mouth, or ulcerated Mouth : This must be used a little warm.

63. *Alter.* Another.

Take Leaves of Cinquefoil, Strawberries, Daiesies, Bramble and Violets, each half a Handful ; Sage and Woodbine, each one Pugil : Boil them in two Quarts of Spring
D 3
Water

Water to half; and to the strain'd Liquor, while hot, add Allum half an Ounce, and Honey two Ounces.

The Virtue and Use of this is the same as the foregoing, only with this Addition, that this is the properest to cleanse the Mouth after a Salivation.

64. *Gargarisma Abstersive*. An abstersive Gargle.

Take White Wine half a Pint, Water of Dragons two Ounces, Honey one Ounce, Allum two Drams, Tops of Rosemary, Leaves of Sage and Woodbine, each half a Handful: Boil them together, and keep the Liquor for Use.

This is very good in Quinsies, and Inflammations of the Tonsils.

R E M A R K S.

As the Dragon Water is seldom to be had at the Shops, an Ounce of the express'd Juice of the Green Herb will do as well, or in Defect of that, three Ounces of Plague Water.

65. *Gargarisma Antiscorbutica*. A Gargle for the Scurvy.

Take Origanum, Sage, and Succory, Leaves of Bramble and Honeyfuckles, each half a Handful: Boil them in a Quart of Spring Water,

Water, 'till half is consum'd, then add Allum a Dram, and Honey two Ounces.

This little differs from the above.

66. *Gargarisma Synanchicum.* A Gargle for a Quincy.

Take Leaves of Honeyfuckles, Hyffop, Thyme and Sage, each one Handful; tops of Rosemary one Pugil; make a Decoction in two Quarts of Spring Water, to the Consumption of a Pint; then add Allum a Dram, and Honey one Ounce; then wash the Mouth.

This too is like the former.

Take Notice that the Sage to be used in these Gargles, is the Red Garden Sage.

67. *Gelatinus Analepticus.* A Restorative Jelly.

Take two fleshy Capons, take away the Skin and Fat, cut them in Halves, and beat them well; then

Take Knot-grass one Handful; Comfrey with its Roots, cut very small, two Handfuls; Silver Weed, Hartshorn Shavings, each one Pugil; Maiden-Hair and Sage, each half a Handful; powder'd Cinnamon a Dram; Raisins of the Sun stoned, a Pound: Mix all, and lay them Layer upon Layer, with the Fowls in a proper well glazed Pan; pour in a Quart of Spring Water, cover very close that no Steam comes out, and let them boil gently

over a flow Fire for the Space of twelve Hours; then press out, and keep for Use.

The Dose of this is a quarter of a Pint with a little Sugar, Night and Morning; and is excellent to be taken for a Continuance, to recruit a great Waste of Solids in a Consumption, or a simple Gonorrhea; it is a very good thickening Medecine in the white Flux in Women, with other proper Balsamics.

R E M A R K S.

All the Herbs to be used in this Jelly, are to be the dried Herbs, and not fresh gather'd; and great Care must be taken likewise, that in the Boiling it doth not burn.

68. *Hausfus Aperitivus.* An opening Draught.

Take Sage, Leaves of Elder and Celendine, each one Handful: Bruise them, and make an Infusion in three Pints of strong Ale, add Turmeric Root sliced half an Ounce, and Long Pepper five Drams: Let them all macerate for Twenty-four Hours in a well glazed Pan close cover'd; then press out strongly, and add White Wine a Quart, and keep for Use.

This is to be taken three Times a Day, to the Quantity of half a Pint each Time, and together with the Use of the Pill Ictericæ, No. (171) will infallibly remove all those Obstructions of the Liver and Glands that causeth

a Yellow Jaundice ; nay, when even that it hath degenerated into the Black Jaundice, or Scirrhus Liver, this will be of great Service, as also in all Melancholy and Hypochondriacal Affections.

69. *Haustus Aperitivus alter.* Another opening Draught.

Take of the Leaves and Tops of Hyssop a Handful and a half ; of Pennyroyal, Thyme, Parsley and Roman Wormwood each half a Handful ; boil all together in a Quart of White Wine, and keep it for Use.

The Dose of this is four Ounces Night and Morning, till it hath produc'd its desir'd Effect. This gently provokes the Menstrual Discharge, and therefore is a good Medicine for a Continuance in a Green-Sickness, Loss of Appetite, or Pica ; (that is, an inordinate Desire of eating Things unfit to eat ; a very common Case in the Green-Sickness and other Distempers arising from Obstructions) and cannot but do great Service in Stoppages in the Bowels.

R E M A R K S.

As this Medicine is design'd to remove fæmine Obstructions ; and as great Mischief may arise from a wrong or undue Administration of these Openers, I think this a proper Place to throw together a few Observations, that cannot but be of great Service to my Female Readers.

“ When

“ When that there is a Suppression of the
 “ usual Discharge, at a Time when the Person
 “ hath no Reason to believe it caus'd by Preg-
 “ nancy, then it may be considered as a Dis-
 “ ease (more especially if attended with a
 “ high Colour, a strong Pulse, a Fulness of
 “ the Veins, swimming of the Head, and a
 “ Pain in or about the Rim of the Belly)
 “ which Disease, as it may, and certainly will be
 “ productive of dangerous Consequences, un-
 “ less remedied, it is highly adviseable to think
 “ of a Cure ; which when a Physician can be
 “ call'd in had best be left to his Care : — But,
 “ as this Book may come to the Hands of some
 “ who may either be at too great a Distance
 “ from such Help, or be too foolishly bashful
 “ to admit of such Assistance, till it grows
 “ dangerous, that they may not be entirely
 “ unable to assist themselves, let them remark,
 “ First, that such Obstructions being mani-
 “ festly caus'd by the Blood's being either too
 “ thick, or the Vessels thro' which it should
 “ circulate too tenacious or too much bent,
 “ must therefore be cured by either lessening
 “ the Quantity, thinning its Quality, or by re-
 “ moving the obstructing Cause, and opening
 “ the Passages, thro' which this Discharge
 “ should flow.

“ Therefore the first Step to the Cure should
 “ be bleeding either in the Foot, or by Cup-
 “ ping between the Shoulders, which Bleed-
 “ ing, tho' it is of most Service when per-
 “ form'd

“ form'd at the Beginning or at the Time that
 “ the Flux should be expected, yet nevertheless
 “ it may be used at any Time of the Distem-
 “ per, and ought never to be omitted before
 “ the Use of Steel and any strong Openers.

“ The next Step should be by Purging; for
 “ which, as my Author hath not given any
 “ convenient Form, I recommend the follow-
 “ ing from my own Knowledge:

“ Take of the lesser *Pill Cochiae* a Scruple,
 “ Volatile Salt of Amber eight Grains, Salt of
 “ Tartar five Grains, Oyl of Savine two
 “ Drops; make them into five Pills, of which
 “ take two going to Bed, and the rest early
 “ the next Morning, working them off with
 “ weak Green Tea.

“ This Proportion is for a middling Strength;
 “ but if she be hard to move, the *Pill Cochiae*
 “ may be increas'd to two Scruples or a Dram:
 “ But if a Draught be more agreeable the
 “ following may serve:

“ Take *Tinctura Sacra* two Ounces, Tinc-
 “ ture of Myrrh, Tincture of Castor and E-
 “lixir of Property tarterised, each forty Drops,
 “ mix and take early in the Morning.

“ The Purging may be repeated twice a
 “ Week, as Occasion serves; and in the in-
 “ termediate Days give the above Opening
 “ Draught, or the Opening Potion, (No. 109)
 “ till the Discharge is agreeable.

“ The above is an approved Method in
 “ common Obstructions; but if any particular
 “ Ob-

“ Obstinacy should happen, or different Habits
 “ of Body, take the following Notes :

“ 1st. Where the Patient is very full of
 “ Blood, use the following Purge instead of
 “ the former :

“ Take Leaves of Senna three Drams, Black
 “ Hellebore Root, Rhubarb Root and Sweet
 “ Fennel-Seed, of each two Scruples, Salt of
 “ Tartar half a Dram ; boil together in fix
 “ Ounces of Pennyroyal-Water ; and when
 “ strain'd, add Syrup of Buckthorn one Ounce
 “ and a half, Sal Volatile eighty Drops, and
 “ Tincture of Castor two Drams ; mix for
 “ two Doses.

“ 2^{dly}. If the Patient is very weak, has no
 “ Digestion, or subject to Hysterics, then she
 “ is not able to bear repeated Purging ; and
 “ therefore one Vomit will be of more Ser-
 “ vice.

“ 3^{dly}. If the Person be of a cold, moist
 “ Constitution, then in the intermediate Days
 “ of Purging, to other Openers join Steel ; as
 “ for Example :

“ Take Conserve of Rue, Conserve of Ro-
 “ man Wormwood, each six Drams, Powder
 “ of Steel an Ounce ; Compound Powder
 “ of Aron Root, Borace, Winter's-Bark, Ca-
 “ stor, Saffron, Myrrh, and Round Birthworth
 “ Root, each a Dram and a half ; Æthiop's
 “ Mineral six Drams ; Syrup of Mugwort a
 “ sufficient Quantity to make an Electuary ;
 “ of which take the Quantity of a small Nut-

“ meg

“ meg three times a Day, drinking after each
 “ Dose a Draught of White Lisbon.

“ 4^{thly}. But if the Patient is very sanguine
 “ and full of Blood, then Hellebore may very
 “ conveniently be substituted for the Steel.”

These Remarks may suffice for a Stoppage ;
 for an Overflowing see the Remarks on Pil
 Restringens No (101).

70. *Haustus Antiplureticus*. A Draught for the
 Pleurisy.

Take of the Whey of Ale Posset a Quart,
 Liquorice Root, stoned Raisins, and fat Figs,
 each half an Ounce, boil them together and
 strain off, of which drink four Ounces twice
 a Day ; and in each Dose dissolve one Ounce
 of the Juice of Stone Horse Dung.

This is an excellent tho' nasty Medicine, for
 the Pleurisy, and Pains in the Ribs.

71. *Haustus Asthmaticus*. A Draught for the
 Asthma.

Take Damask Rose Water three Ounces,
 Balsam of Gilead four Drops, mixt.

This must be taken every Night and Morn-
 ing, and is a very good Pectoral, and may be
 of great Service in Asthma's, and inveterate
 Coughs.

R E M A R K.

The Balsam will not unite with the Water,
 without the Help of a little Sugar.

72. *Haustus*

72. *Hauftus ad Colicam.* A Draught for the Cholick.

Take fresh Winter Savory one Handful, beat and prefs out the Juice, which mix with half a Pint of warm Ale.

This will give Ease in the Pains of the Cholic.

73. *Hauftus ad Colicam fecund.* The Second Cholick Draught.

Take the Whey of Ale Poffet one Pint, Parsley Seed two Drams, Bruife and boil them for half an Hour, and ftrain off for one Dofe.

This is of the fame Ufe as the former, and is good for a Pain in the Stomach.

74. *Hauftus Aftringens.* An Aftringent Draught.

Take Burdock Roots four Ounces, the beft Rhubarb three Drams; flice and infufe in a Pint of White Wine, for twenty four Hours; then prefs out and add prepar'd Amber three Drams, keep for Ufe.

The Dofe is one Ounce in a Glafs of Claret every Morning, till you find a binding enfue. This is a very good Medicine in an overflowing of the Menfes, or Gonorrhea.

For Remarks fee the Notes on *Pil Reftringens*, No. (101).

75. *Hauftus*

75. *Haustus Antiscorbuticus.* A Draught for the Scurvy.

Take fresh gather'd Garden Scurvy-grafs, Brooklime, and Water Cresses; each two Handfulls: Bruise them in a marble Mortar, adding by little and little two Ounces of Compound Horfe Radish Water; press out the Juice; — then,

Take of this Juice an Ounce and a Half; Orange Juice half an Ounce, Rhenish Wine two Ounces, which take every Morning for twenty Days.

This is an excellent Medicine in the Scurvy, Jaundice, and Obstructions in the Liver.

76. *Haustus Carminativus.* A Draught for the Wind.

Take of the Whey of Ale Poffet a Pint, Parsley, Thyme and Pellitory of Wall each half a Handful; Chamomile one Handful: Boil all together and press out, sweeten with Sugar of Roses and take warm.

This is a good Draught to expel Wind, and will be serviceable in the Cholic, Pain in the Stomach, and Fits of the Stone.

77. *Haustus Diureticus.* A Draught to provoke Urine.

Take fourteen Leaves of Scurvy Grafs, wash them

them clean and bruise them in half a Pint of Rhenish, Press out and take.

This moves Urine.

78. *Hauftus Lithonripticus.* A Draught to break the Stone.

Take White Wine a Pint, Horse Radish three Ounces : Boil to the Consumption of half a Drink.

This may be taken in Fits of the Stone. — See the Remark to Pil Lithontrip. No (96).

79. *Infusio ad Gonorrhœam.* An Infusion for a Gonorrhea.

Take Senna one Handful, red Coral prepar'd two Drams; Liquorice Root, and Aniseed : Bruise each one Dram, Sal Prunell half a Dram, Infuse hot for eight Hours in a Pint of Spring Water.

This is a very fit Purge in a Gonorrhea or scalding of Urine.

80. *Fusculum Analepticum.* A Restorative Broth.

Take two Pound of young Pork, boil in one Gallon and half of Spring Water, to the Consumption of Half; then add two Quarts of New Milk, boil again, and strain off.

The Quantity of a Pint must be taken three Times a Day, and is very good in Consumptions.
This

This must be left off if a Purging ensues.

A little powder'd Cinnamon, put in the first Boiling, will better the Medicine greatly.

81. *Fusculum Astringens.* A Binding Broth.

Take New Cows Milk two Quarts, Rice two Ounces, Isinglass half an Ounce, Lavender Water, and red Rose Water, each an Ounce; one Calves-foot, and a sufficient Quantity of Sugar: boil, and make a Broth.

This Broth is good to be taken a Pint every Morning, in the Gonorrhea, or the White or Menstrual Flux. See Remark on Pil Restringens No (104).

82. *Liquor Aperitivus.* An Opening Liquor.

Take Compound Walnut Water one Ounce, Oxymel of Squills two Ounces, Mint Water, Centaury Water; each one Ounce, Infusion of the Saffron of Melals half an Ounce, Salt of Vitriol three Drams, Mixt.

The Dose of this is two Drams, Morning and Evening, for fourteen Days; and is of great Efficacy in the Yellow and Black Jaundice, Splenick or Melancholy Obstructions, or Stoppages in the Bowels.

83. *Liquor Aperitivus.* An Opening Liquor.

Take Compound Water of Walnuts, one Ounce; Oxymel of Squills two Ounces, Mint
E Water,

Water, Centaury Water, and Blessed Wine (is the Infusion of Saffron of Metals) each half an Ounce, Salt of Vitriol, half an Ounce. Mix them well.

This is excellent for Yellow and Black Jaundice, and all the Obstructions in the Bowels: — The Dose is two Drams Morning and Evening, for fourteen Days. —

84. *Lixivium pro Cancro.* A Lye for a Cancer.

Take Lapis Calaminaris two Ounces, five Times burnt in a strong Fire, and as often quench'd in a Pint of white Lisbon.

Tutty one Ounce, as often burnt and quench'd in Rose Water, a Pint; then mix well and keep for Use.

Its Title shews its Use, the manner of which is, that you must shake well the Bottle and dip a Linnen Cloth four double and apply twice a Day.

This is a good Receipt for a running Cancer, and must do great Service if join'd to the following.

85. *Mixtura pro Cancro.* A Mixture for a Cancer.

Take prepar'd Hoglice, and prepar'd Crabs Eyes each one Ounce; Rhenish Wine one Quart, mix and infuse in the Sun for four Days.

This

This acts as an internal Dryer, and must be taken every Day between purging to the Quantity of a Wine Glafs.

Once a Week purge with Mercurius Dulcis and Refin of Jallop.

86. *Mixtura Antiscorbutica.* The Antiscorbutick Mixture.

Take Leaves of Scurvy Grafs, Brooklime and Water Cresses each two Handfuls: Bruise them all in a Stone Mortar, and by degrees add two Ounces of Horfe Radish Water, then press out the Juice.

This is excellent for the Scurvy, Dropfy and Jaundice; and must be taken to the Quantity of two Ounces, with a Glafs of Rhenish, and an Ounce of Orange Juice, every Morning for a Month.

87. *Mixtura Carminativa.* A Mixture to expel Wind.

Take Spirits of Wine half a Pint, White Wine six Ounces, Parsley Water two Ounces, Green Parsley one Handful: Let them infuse for 24 Hours, then press out and take it.

This is very prevalent in Cholick Pains, and all Wind in the Bowels.

R E M A R K.

This must be made warm and taken in Bed
E 2 well

well cover'd. Half this Quantity may be taken first, and if the Person doth not sweat, take the other half in two Hours after.

88. *Oleum Hyrundinum*. Oil of Swallow.

Take twenty young Swallows mash'd to Pieces.

Leaves of Rosemary, Female Southern wood, and Strawberry Leaves, each one Handful: fry the Herbs in May Butter, and put that and the Swallow in a new Earthen or Glass Pot, well cover'd, and let them stand first for nine Days; and then stew them over the Fire again, and strain out the Oil for Use.

This is a great deal better than that of the College, for all Cramps, Convulsions, and Contractions of the Nerves, and is of great Service in Paralytic Cases.

89. *Pilula Antivenerca*. The Pill against the French Pox.

Take of the greater Pill Cochizæ one Dram, extract of Rudy and Calomel each one Dram, Refin of Jallop one Scruple, Oil of Amber twenty Drops, and Oil of Nutmegs ten Drops. Beat them into a Mass in a Mortar.

Besides its Use in the Title, it is a good Purge for the Leprosy, Itch, and Scurvy. -- The Dose is one Dram.

90. *Alter*

90. *Alter.* Another.

Take Scammony and Bitter Apple, each two Ounces, Saffron two Drams, Powder of Jallop one Ounce, Aloes half an Ounce, live Quick-silver one Ounce; mix the Quick-silver with Venice Turpentine 'till it is dead; and then with Syrup of Buckthorn make all in a Mass for Pills.

This is for the same Use as the former, but stronger, the Dose is from one to three Drams.

91. *Alter.* Another.

Take Diaphoretic Antimony one Dram,
prepar'd Antimony half a Dram, Salt of Steel,
Tartar Vitriolated, each twenty Grains, Powder
of Jallop one Dram, Rosated Aloes enough to
make a Mass of Pills.

They are of the same Virtues as the former,
the Dose is half a Dram.

92. *Alter.* Another.

Take Extract of Rudy and Pill Cochiae each an Ounce, Mercurius Dulcis half an Ounce; mix and make a Mass.

As the former Dose, half a Dram.

93. *Alter.* Another.

Take prepar'd Antimony twenty Grains,

E 3

Mercurius

Mercurius Dulcis fifteen Grains, Pil Cochiae a Dram; Extract of Rudy half a Dram, Oil of Guaiacum 4 Drops, mix for two Doses.

As above.

94. *Alter.* Another.

Take Diaphoretic Antimony, Sulphur of Steel; and Salt of Steel each ten Grains, Cornachines Powder a Dram and a Half; Mithridate and Diascordium each a Dram, make up in Pills with a sufficient Quantity of Cinnamon Water.

This is an excellent Pill for even the worst Stages of the Leprosy, and no Scurvy or foul Disease, but what will yield to it; the Dose is half a Dram in the Morning, on an empty Stomach.

95. *Alter.* Another.

Take Extract of Rudy, Refin of Jallop each a Dram, Mercurius Dulcis two Drams, Oil of Juniper, enough to form Pills.

This is a good Pill for the first Infection of the Venereal Disease, and tho' simple is nevertheless as much to be trusted to, as any of the most complex: The Dose is fifteen Grains.

REMARKS on these Pills.

It must be observed, that all these Pills, tho' they are excellent, may yet in Venereal Cases

Cases do a great deal of Harm if continued beyond a proper Time ; for if used after the Virulence is gone off, it will bring on a Debility or Weakness of the Parts, therefore when the Discharge lessens and thickens, change the Pills for the Electuary No (48).

96. *Pilula Anti-febrifica.* The Fever Pill.

Take Bole Armoniac, Sealed Earth, and Earth of Lemnos, Powder of Snake-root each two Drams, make into Pills with a sufficient Quantity of Honey.

These Pills are good for the Tertian and Quartan Agues, to be taken in the Morning before the Approach of the Fit. — Dose one Dram.

97. *Pilula Balsamicæ.* Balsamic Pills.

Take Salt of Urine fifteen Grains, Salt of Antimony five Grains, Mercury fixt with Gold ten Grains, make into Pills with Conserve of Gillyflowers.

For the Scurvy and foul Disease.

R E M A R K.

The above Quantity is for one Dose, and must be made only as wanted, it is a wonderful Medicine, and second to none in all Venereal Taints, and if any one finds on him the Remains

or Relicks of an ill cur'd Case, by the Use of these he may be secure against any bad Effects — The Operation is by Sweat.

98. *Pilulæ Diureticiæ.* Pills provoking
Urine.

Take Crabs Eyes prepar'd, Cream of Tartar each two Drams, Rhubarb one Dram, make into Pills with Venice Turpentine.

This greatly helps in Fits of the Stone, and promotes the Discharge of Urine, in all Stranguries or Difficulties of making Water. The Dose is half a Dram.

99. *Pilulæ Lithontripticæ.* Stone breaking
Pills.

Take new drawn Cassia and Venice Turpentine each one Ounce, powder'd Sugar Candy sufficient to make Pills.

Two Drams of these Pills taken in the Morning, with a Draught of warm Broth, gently purges and moistens the Belly, and is of great force in Fits of the Stone.

100. *Secunda.* The Second.

Take twenty Winter Cherries, bruise them and boil them in ten Ounces of White Wine, to a Thickness; then add Extract of
Cassia

Cassia half an Ounce, and Powder of Jallop twenty Grains, and make into Pills.

This powerfully provokes Urine, and moves the Stone.

101. *Pilulæ Mercurialis*. The Mercurial Pills.

Take live Quick-silver two Drams, Venice Turpentine and Pill Cochiæ each half a Dram, mix and make twelve Pills.

This is a fine Alterative Pill for all Scorbutic, and Venereal Infections, to be taken one Pill every Night, drinking after it a Draught of Lime Water.

102. *Pilula Narcotica*. A Sleepy Pill.

Take Diaphoretic Antimony half a Dram; Powders of Zedoary Root two Scruples, Caster and Gum Galbanum each half a Dram, white Pepper, Henbane Seed, and Opium, and Spanish Liquorice half an Ounce, make into Pills with Claret.

This Pill may be taken according to Constitution from five to fifteen Grains in all Cases requiring Ease, especially in the Rheumatism, when the Patient is worn out for want of Rest.

103. *Pilulæ Nepenthæ*. or, The Ease-giving Pill.

Take the best Opium half an Ounce, Benjamin, Myrrh and Saffron each two Drams.

Put

Put the Saffron into six Ounces of Rose Water, in a Vessel well closed, and let it boil gently in a Bath Heat, till you obtain a most elegant Tincture.

Put the Opium into twelve Ounces of Spring Water, and boil to four Ounces, in an open Vessel, and keep it.

Make a Decoction of the Myrrh and Benjamin, each in twelve Ounces of Water to four, join all the Decoctions and distil to the Thickness of an Extract.

There is not in the Power of Medicine a more efficacious Promoter of Sleep; it is excellent in all Pains as well external as internal, in the French Pox, Catarrhs, Rheumatism, in all Fluxes of Blood, in Overflowings of the Terms, in Gonorrheas and Whites, also in the Decline of all Fevers whatsoever; if there is Want of Rest it may be given in Madness, Melancholy, Fits, Falling Sickness, Gout, Vapours, Weaknesses of the Back, Pleurifies, Colic, and in great Vomitings there is no equal. The Dose is from two to six Grains in a Glass of good Wine.

104. *Pilula Restrings.* The restraining Pill.

Take true French Claret half a Pint, Isinglass half an Ounce, boil them moderately till it is dissolv'd; then add the finest Sugar half an Ounce, Powder of Cinnamon and Nutmegs each two Drams, boil to a proper Consistence.

This

This is excellent in the Whites, Overflowing of the Courses, or a simple Gonorrhea, the Dose is one Ounce every Morning.

R E M A R K S.

This is rather a thick Electuary than a Pill, and may be made as such, with the Addition of an Ounce of candid Ginger, which will greatly help the Medicine.

105. *Secunda.* The Second.

Take Pomegranate Flowers and Bark each a Dram, Seed of Lettice, white Poppies and Agnus Castus each two Drams, Red Coral prepar'd half a Dram, Powder of Gum Mastich, and of the Jaw bone of a Pike each a Dram and a half, powder them all well and make into a Mass for Pills with Venice Turpentine.

This is for the same Uses as the former, the Dose being a Dram taken every Morning fasting.

R E M A R K S.

This is more binding and less balsamick than the former, and need not to be used unless the former takes no Effect. *For the Account of the Use of Restringtons (promised in this Place) the Reader is referred to the Preface.*

106. *Pilula Stomachica.* The Stomach Pill.

Take the Best Aloes an Ounce, Gum Mastick

tick two Drams, Powder of dried Marjoram one Dram, Salt of Wormwood half a Dram, make into Pills with the Juice of Coleworts.

This comforts and strengthens a weak and pall'd Stomach. The Dose is half a Dram.

107. *Pilulæ Antiscorbuticæ*. The Scurvy Pills.

Take Extract of Rudy, and Extract of Catholicon each half an Ounce, Pill ex Duobus twenty Grains, Calomel half a Dram, Venice Turpentine ten Grains, mix and make Pills.

They are very good for the Scurvy, and all Eruptions of the Skin : Dose from one to three Scruples.

108. *Potus Lithontripticus*. A Drink for the Stone.

Take dry'd Elder-berries powder'd an Ounce, Sperma Ceti half an Ounce, infuse in a Pint of White Wine, and keep for Use.

This is a good Medicine in the Stone in the Passage, it powerfully forcing down into the Bladder ; the Dose is two Ounces, as occasion urges shaking the Bottle.

109. *Potio Emenagoga*. A Potion provoking the Terms.

Take White Wine a Pint, unhop'd Beer a Pint and a Half ; of this make a Beer Posset with Milk, strain off the Whey and put it in a Saucepan

Saucepan with Ground Pine, Penny-royal, Marjoram, Tops of Lavender, and Heads of Leeks, Green Hyssop, and Marygold Flowers ; of each one Handful : Red Saunders half an Ounce, and Saffron ten Grains ; Boil till a third Part is consumed, and keep the rest for Use.

In all feminine Obstructions you may take six Ounces Morning and Evening till it produces the desir'd Effect.

110. *Potus Lithontripticus.* A Drink for the Stone.

In the Month of May take pretty soft Cow Dung, and with a gentle Fire in a Glafs Alem-bick distil a Water, which distill'd Water keep for Use.

Then take wild Horse Radish, and common Radish each two Ounces, cut them in Slices and let them soften in the Sun in a Quart of White Wine in a Glafs Vessel well stoppt, for the Space of forty Days, and keep for Use : Then take one Ounce of this Wine, two Ounces of the above Water, Strawberry Water half an Ounce, Lemon Juice two Drams, Honey of Roses the same Quantity, Sugar Candy half a Dram, and take it.

This is an admirable Medicine for the Stone and Gravel, and powerfully promotes the Discharge of obstructed Urine.

If

REMARKS.

If to the above Draught you add half a Dram of the Powder at No (129). you have a Remedy nothing can equal.

111. *Potus Analepticus.* A Restorative Drink.

Take Agrimony, Betony, Maiden Hair, Liver Wort, Hop-tops, Polypody of the Oak, each one Handful: Sarfaparilla two Ounces, Sassafras one Ounce, Turbith Root two Ounces, Best Rhubarb one Ounce, Lignum Vita Shavings eight Ounces, Aniseeds and Fennel Seeds each half an Ounce, Stick Liquorice and China Root each two Ounces, stoned Raifins a Pound, Scurvy Grass Leaves ten Handfuls; Horse Radish an Ounce; cut, bruise and infuse these Ingredients in six Gallons of new unhopt Ale Wort, and when it hath well workt, bottle off for Drink.

This is a good Drink in Consumptions, Dropsies, Scurvy, Jaundice, and worn-out Constitutions, a Pint drank three Times a Day.

112. *Potus Aperitivus.* An Opening Drink.

Take new Ale, warm Milk and Wormwood Wine each a Pint, of this make a Posset, and when the Whey is well clear'd, take Wood Sorrel two Handfuls, and a Dram of Ivory Shavings,

ings, then press out and take half a Pint Morning and Evening.

This is of great Use in Jaundices and Obstructions of the Liver, Spleen and Bowels.

113. *Potio Stomachica.* A Stomach Potion.

Take Spring Water three Pints, four Juicy Apples cut in slices, Currants, Sorrel Leaves, and Flowers of Mullein each a Handful: Boil all these till a Pint is consum'd, and to the strain'd Liquor add White Sugar three Ounces.

This is designed for gnawing Pains of the Stomach, and whoever takes half a Pint Night and Morning will find great Benefit.

114. *Potio Antipodagricus.* A Potion against the Gout.

Take one Ounce of Sassafras, half an Ounce of Mastick Wood, a Handful of Ground Pine, two Drams of Winter Bark, and Fennel Seed, Aniseed and Angelica Seed each one Dram; boil all in two Quarts of Spring Water to the Consumption of a Pint, and bottle for Use.

The Dose is a Pint twice a Day in the Foot Gout, Scurvy, Yellow and Black Jaundice and French Pox.

115. *Potus Spleneticus.* A Spleen Potion.

Take Harts Tongues, Agrimony, Betony,
and

and Succory each one Handful; Liver Wort and Dock Roots each two Handfuls: Boil them in four Gallons of Ale, adding a Handful of Wormwood, and after four Days press out for Use.

This is of great Service in all Obstructions of the Spleen, and other Bowels, Dose half a Pint twice a Day.

116. *Potio Purgans.* A Purging Potion.

Take choice Rheubarb and Sassafras each an Ounce and a Half, Agaric, Coriander and Fennel Seeds each an Ounce, Polypody of the Oak five Ounces, Sarsaparilla three Ounces, Burdock Roots half a Pound, Guaiacum Chips six Ounces, Horse Radish one Ounce, slice and bruise and put in a Bag in three Gallons of new Ale, with a Pint of Scurvy Grass Juice, and when it hath workt, bottle for Use.

Drink a Pint of this fasting every Morning, for the Scurvy, Dropsy, Jaundice, or all Obstructions of the Bowels.

117. *Potus Pectoralis.* A Pectoral Drink.

Take Harts Tongue, Hyssop, Sage and Thyme each a Handful: Bruise and press out the Juice, and make a Mixture with four Ounces of Hyssop Water.

In all inveterate Coughs, Asthmas and Diseases of the Breast, take an Ounce warm every Morning.

118. *Potus*

118. *Potus Opthalmicus.* A Drink for the Eyes.

Take Red Sage, Fennel, Yarrow, Daisy Roots, Celendine and Marygold Leaves, each a Handful; the Juice of 40 Hoglice. Bruise and squeeze out the Juice into a Quart of new Ale.

This is good for the Eyes and sharpens the Sight: The above is four Doses, to be taken Night and Morning.

119. *Potus Epaticus.* A Drink for the Liver.

Take Sage, Rosemary, Wormwood, Maidenhair, Liver-wort and St. *John's*-wort each one Handful; Hyssop, Rue and Plantain, each half an Handful; Water Cressés, Brook-lime and Mercury, each two Handfuls: Bruise all these and boil them in four Gallons of new Ale till one Gallon is consumed; then add Aniseed, Fennel Seed, Liquorice Root, Sarsaparilla and China Root, each one Ounce; boil again, and when strain'd add ston'd Raisins, fat Figs and ston'd Dates, each four Ounces, and keep for Use.

This is an excellent Drink for Consumptions or Obstructions, or Diseases of the Liver, Scurvy, Yellow Jaundice, Dropsy, Venereal Infections, and inveterate Coughs: The Dose is six Ounces taken warm three Times a Day.

120. *Potus Traumaticus*. A Vulnerary Drink.

Take Bugloss, Mugwort, Southernwood, Wormwood, Betony, Avens, Starwort, Allheal, Plantain, Dandelion, Clary, Agrimony, Angelical, Wild Mint, Comfrey, Scabious, Yarrow, Strawberry Leaves, Violet Leaves, Daisy, Honey-Suckle Leaves, the greater Costmary, each half an Handful, boil in four Pints of Spring Water to a Quart, and press out close, add three Pound of Honey, boil again, skim it and keep it for Use.

In all Wounds and Ulcers as well external as internal it is of great Use, also in Rottenness of Bones, Fistula's and Venereal Ulcers: It helps the bringing to a Head of Swellings, and stops inward Bleeding, and also given in a proper Vehicle facilitates the Birth. The Dose is one Ounce three Times a Day.

121. *Alter*. Another.

Take Sarsaparilla four Ounces, Lignum Vitæ Shavings two Ounces, China Root three Ounces, Lentiskwood, one Ounce; boil all these in two Gallons and a Half of New Ale unhopp'd, and before it works add of the Herbs Allheal, Plantain, Betony, Agrimony, Mouse Ear, of the Tops of St. John's Wort, of the Leaves of Burdock, and Sage; of the Roots of Mallows, and Marsh Mallows, each half a Handful, of the Leaves of Violets and Strawberries

Strawberries each one Handful, Fennel Seed and Coriander Seed each half an Ounce, two Nutmegs, put all these in a Bag and put in the Beer while it works.

In all Wounds and Old Ulcers, Scurvy, Jaundice, Venereal Disease and Fiftula's, it is of great Service used as common Drink : it greatly purifying the whole Mass of Blood.

If you add five Hundred Hoglice mash'd, it will greatly add to its Virtues.

122. *Alter.* Another.

Take Leaves of Dandelion, Scabious, Sweet Laurel, Yarrow, Southernwood, Wormwood, Betony, Bugle, Plantain, Featherfew, Allheal, Acorns and White-thorn Berries, Daisy Roots, and Flowers; Leaves of Angelica, Mint, Agrimony, Comfrey, Violets, Flowers of Honey-Suckles, Avens and Bluebottles, each three Handfuls: Put them in a Quart of White Wine, and two Quarts of Spring Water, and boil 'till a Quart is consumed: Then to the strain'd Liquor put a Pound of Honey, skum it over the Fire not letting it boil, and keep it for Use.

Besides the Virtues of the others, this is good for the Pain in the Stomach, Dose four Ounces Night and Morning.

123. *Potus in Rachitide.* A Drink for the Ricketts.

Take fat Figs, Currants and Raifins of the
F 2 Sun

Sun each four Ounces, brown Sugar-candy two Ounces, Aniseeds and Carrawayseed each an Ounce, Stick Liquorice half an Ounce, Liverwort and Fluellin each half an Handful; Hartstongue one Pugil, boil in a Quart of Spring Water 'till half is consumed, then strain for Use.

The Title shews its Use for which it is excellent. Dose half an Ounce twice a Day.

124. *Pulvis Digestivus.* A Digestive Powder.

Take candied Coriander Seeds two Ounces, Cinnamon one Ounce, Cloves, Nutmegs and Sugar of Roses, each half an Ounce, Mace two Drams; Powder these and mix them with half a Pound of the finest Powder Sugar.

This causes a good Digestion, if taken to the Quantity of a Quarter of an Ounce in a Glass of White Wine, an Hour before Dinner or Supper.

125. *Pulvis Diureticus.* A Powder provoking Urine.

Take Powder of Golden rod two Drams in a New laid Egg, every Morning fasting for twelve Days.

This is excellent in Fits of the Stone, and Suppression of Urine.

126. *Al-*

126. *Alter.* Another.

Take of the Seeds of Common Dock and Violets each one Ounce, Powder of dry'd Hare's Flesh two Ounces ; mix them.

Take one Dram of this in a new laid Egg every Morning fasting, and it is excellent in all Stranguries, Pains of the Reins, Stone and Stone Cholick.

127. *Pulvis Lithontripticus.* A Powder for the Stone.

Take Oak Leaves four Ounces, Saxifrage and Samphire each half a Pound, Bayberries five Ounces, make a fine Powder.

The Dose is half a Dram in a Glafs of White Wine, for the Uses abovementioned.

128. *Alter.* Another.

Take Aniseeds, the Seeds of Hips, Mistletoe of the Oak, Senna, Saffafras, Eggshells dry'd, Centaury and Liquorice, each an Ounce, Sloe Stones and Parsley Seed, each half an Ounce ; Powder and mix.

Take one Dram in a Glafs of White Wine.

129. *Alter.* Another.

To the former Powder, add Powder of Hazel-Nutshells and Water Trefoil each an Ounce.

The Dose is as above, 'tho' the Virtues are greatly encreased.

130. *Sacculus Emoliens.* A softning Bag.

Take Ointment of Marsh Mallows and anoint the Breast, then sew up Nettles cut small in a Silk Bag, and apply warm.

This is very good to dissolve curdled Milk.

131. *Sacculus Stomachicus.* A Bag for the Stomach.

Take Roman Wormwood, Rue, Featherfew, Mint, Fennel and Leeks, each a Handful: Mix them with two Ounces of Bull's Gall and a little Vinegar, put in a Bag and apply hot to the Stomach.

This greatly comforts the Stomach and promotes Digestion.

132. *Succus Carminativus.* A Juice for the Wind.

Take Parsley, Bramble Leaves and Pennyroyal, each one Pugil; bruise and press out the Juice in a Pint of Ale Posset.

This is a good Medicine for the Cholick, and windy Obstructions in the Bowels.

133. *Succus Optthalmicus.* A Juice for the Eyes.

Take live Hoglice nine, Honeyfuckle Leaves,
Celan-

Celandine, Daifies, Fennel and Groundpine, each a Handful : Bruise and press out the Juice.

An Ounce of this taken Night and Morning for nine Days, is good for Inflammations in the Eyes, and strengthens and sharpens the Sight.

R E M A R K.

If to the above Juice you add half an Ounce of Spirit of Sal Armoniac, you have an excellent Medicine to be taken as liquid Snuff.

134. *Suffimentum Hæmorrhoidale.* A Fume for the Piles.

Take Marsh Mallows, and Mullen each one Handful : Bruise and boil in a Pint of Milk, and when hot receive the Smoke through a Funnel.

This greatly prevails for the Service design'd.

135. *Syrupus Cerevitæ.* Syrup of Ale.

Take strong four Ale a Quart, Honey half a Pound, clarify and boil to the Consistence of a Syrup.

In Consumptions, Asthmas and inveterate Coughs, this Medicine hath not its Equal, taken Morning and Evening.

136. *Syrupus Peti Compositus.* Syrup of Tobacco Compound.

Take Green Leaves of Tobacco two Ounces,

F 4

Agri-

Agrimony, Hyssop, Pennyroyal and Mint, each two Handfuls ; Rosemary, Coltsfoot each half an Handful, Aniseed, Fennel Seed and Caraway Seed, each two Drams ; boil in two Quarts of Spring Water to half, and add sharp Vinegar six Ounces, White Sugar two Pound ; and boil to the Consistence of a Syrup.

This is for the same Uses as the former. Dose one Ounce Night and Morning.

R E M A R K.

This is a fine Medicine in Asthma's, Catarrhs and inveterate Coughs ; is a great Pectoral, and brings up Phlegm from the Stomach.

137. *Tinctura Antihydropica.* A Tincture for the Dropsy.

Take Juniper Berries, Roman Wormwood, the inner Bark of Elder, and Broom Ashes, each a Pound ; Liquorice two Ounces, Raisins of the Sun four Ounces ; put them in a Glass Vessel well stop'd, with a Quart of Spring Water, and let them stand for Twenty four Hours, and clear off for Use.

The Dose is six Ounces twice a Day, in Dropsies and Tympanies.

138. *Tinctura Guaici Diaphoretici.* Sweating Tincture of Guaicum.

Take Gum Guaicum two Ounces, Spirits
of

of Wine a Pint, let them stand in Infusion till the Gum is dissolved, add Rose Water, and Plantain Water, each half a Pint.

There is no Venereal Taint but what this Tincture with the Pill at No (86). and the Electuary at No (49). will effectually master. The Dose is one Ounce Night and Morning, Sweating after it.

139. *Tinctura Antivenerealis.* The Antivenereal Tincture.

Take Gum Guaicum and Balsam of Capivi each one Ounce, Oyl of Sassafras fifty Drops, Tincture of Salt of Tartar twelve Ounces, digest cold for four Days.

This is a good Medicine, Dose half an Ounce, twice a Day in a convenient Liquor.

R E M A R K.

Let me here add a Caution for no one to make Use of this Medicine, 'till they are sure the Virulence is well purged off.

140. *Tinctura Antispasmodica.* A Tincture against the Cramp.

Take Wild Carrot Seed six Ounces, bruise and infuse for six Days in a Pint of Oyl of Turpentine.

This greatly prevails against Cramps, Palsies, and Pains arising from Cold, rubbing the Part.

141. *Tinc-*

141. *Tinctura Lithontriptica.* A Tincture for the Stone.

Take Oyl of Turpentine a Pint, Flower of Brimstone three Ounces, Yellow Amber prepar'd six Drams, mix all these and digest in a long neck'd Glafs, 'till it is red; then boil over a very gentle Fire for half an Hour, let it cool and keep for Use.

The Dose is from eight to twelve Drops in a proper Vehicle: This is a singular Remedy in the Stone both of Kidneys and Bladder, and Pains of the Reins, and virulent Gonorrheas.

142. *Trochisci Enulati.* Elecampane Lozenges.

Take fresh Elecampane Roots, wash them and soak them for twenty Days in Spring Water, changing the Water twice a Day; then boil them and pulp them through a Sieve.

Then take of this Pulp four Ounces, Pulp of Apples candied half a Pound, three Pound of Sugar, mix it together, and dry it in an Oven 'till you can make Lozenges of it, and they'll keep good for Seven Years.

For all Diseases in the Breast, Coughs and Asthmas they are a choice Remedy, to be taken when you please.

143. *Unguentum Anodynum.* The easing Ointment.

Take Oil of Chamomile two Ounces, Ointment

ment of Marsh Mallows one Ounce, Yellow Wax half an Ounce, Saffron powder'd half a Dram, melt together in a new Pipkin, and make an Ointment.

This is good to soften hard Swellings and to ease Pain.

144. *Alter.* Another.

Take Red Sage and Rue each two Handfuls, Wormwood and Laurel each one Handful, Rosemary four Handfuls, St. *John's* Wort and Balm, each half a Handful; Mallows, Dill, Lavender, Camomile, Melilot, each one Handful; Mutton Suet two Pound, Olive Oyl a Gallon, cut and bruise the Herbs and boil over the Fire, then let it stand in the Sun for three Months, then boil again and press out strongly for Use.

This is an excellent Ointment for all Pains arising from Cold, for Bruises, Palsies and Weakness of the Nerves.

145. *Alter.* Another.

Take Capons Fat four Ounces, Rose Leaves three Handfuls; let it stand in the Sun for three Months, then press and keep for Use.

This is a good Medicine for the above Uses, and for Inflammations.

146. *Un-*

146. *Unguentum Asthmaticum*. Asthmatic Ointment.

Take Oil of Sweet Almonds an Ounce, May Butter the same Quantity ; Saffron powder'd twenty Grains, White Wax, enough to make an Ointment.

This is to be applied to the Stomach in Diseases of the Breast and Asthma's.

147. *Unguentum Antipodagricum*. Ointment for the Gout in the Feet.

Take French Brandy one Gallon, Five Oxes Galls, Green Broom a Handful and a half ; Wormwood a Handful, Featherfew and Ground-pine, each half a Handful : Boil them to a third Part, then strain and add Succotrine Aloes an Ounce, Camphire two Drams, and to every Pound add an Ounce of natural Balsam, and keep well stopt.

This is a noble Medicine for the Gout in the Limbs, and Pains of the Kidneys, a little being rubb'd in by the Fire, and a Flannel applied afterwards.

148. *Unguentum Hemmorboidale*. An Ointment for the Piles.

Take Elder Buds gather'd in a dry Day two Pounds ; bruise them and put them in a new

new Earthen Pipkin over the Fire, with a sufficient Quantity of May Butter, and boil gently, close cover'd, then drain out and keep for Use.

This is good for the outward Piles.

R E M A R K.

The Quantity of Butter should be three Pound, and if before it is cold you stir in two Ounces of Anisated Balsam of Sulphur, you greatly better the Medicine.

149. *Unguentum Lactis Coagulationem.* Ointment for the Curdling of Milk.

Take Hemlock Leaves and Red Roses, each half a Handful; let them soak for twenty Days in Oyl of Violets and Oil of Henbane, each three Ounces; boil a little, strain and add an Ounce and a Half of White Wax, and make an Ointment.

The Title shows its Use.

R E M A R K.

This is a neat elegant Ointment, and rub'd twice a Day on the Breast, beginning on the third Day after Delivery will soften the Breast, and keep the Milk from Curdling.

150. *Unguentum contra Rachitidem.* Ointment against the Rickets.

Take Rosemary, Lavender, Spike, Wild
Thyme,

Thyme, Maiden Hair, Hyssop, Pennyroyal, Camomile, each one Handful; cut and boil them in three Pound of Fresh Butter, till you make an Ointment.

This is for the Ricketts, and cold Pains of the Joints, to be rubbed in before the Fire, Night and Morning.

R E M A R K.

The Rule for boiling Herbs for an Ointment, is to boil them till they are crisp, and to take Care that they don't burn.

151. *Alter.* Another.

Take a Pint of Cream, Green Liver Wort, one Handful; Fern and Harts-tongue each half a Handful, cut and boil to the Consistence of an Ointment.

They are for the Uses above, anointing the Ribs and the Back-bone.

152. *Unguentum Paralyticum.* An Ointment for the Palsy.

Take of the Fat of the First Broth for the Dropsy-Bath, No (28) a Pound, then,

Take Fennel, Wormwood, Southernwood, Mallows, Parsley and Sorrel, each one Handful: Oil Olive an Ounce, boil to an Ointment.

This is good for all Cold Pains, Rickets, Palfies, Gout, Evil-Swellings and weak Sinews.

153. *Al-*

153. *Alter.* Another.

Take Rue, Sage, Wormwood, Dill, Rosemary, Chamomile, Lavender and Bays, each a Handful, Oil Olive a Pound and a Half; Mutton Suet a Pound, let all stand in the Sun for ten Days, and then boil to an Ointment.

This is good for all as the former, to which add the Cramp.

154. *Unguentum Poriginosum.* Ointment for Breakings out.

Take Hog's Lard, Unsalted Butter, and Castile Soap, each half an Ounce; Gun Powder, and Powder of White Pepper, each one Dram; Flower of Brimstone half a Dram; mix and make an Ointment.

For Scabs, Itch, Tetters and Breakings out; this is a prevailing Ointment, a little being rubbed in, on the Parts.

155. *Unguentum Viride Magnum.* The Great Green Ointment.

Take Lavender, Hyssop, Parsley, Rosemary and Virgins Bower, each a Handful; May Butter, neither salted nor washed three Pound; Bruise the Herbs and boil them, then not strain'd, but let all stand in the Sun the space of a Month and then boil again, and when
preft

prest out, add Yellow Wax half a Pound, and you have a noble Ointment.

This is of great Use for the Gout in the Feet, Cold Pains, Fits of the Gravel, Joints put out, and painful Swellings.

156. *Aqua Cosmetica.* A Beautifying Wash.

Take Red Rose Water a Pint, Bitter Almonds blanch'd four Ounces, mix with the Water to a Milk; then,

Take Sublimate Mercury half a Dram, and let it stay some Time with a little of the above Milk in a Leaden Mortar, and change the Milk till it will colour no more; then add Sperma Ceti two Drams, Camphire half a Dram; and the Juice of four Lemons: Make a Mixture, and keep in a Glass well stop'd for Use.

Dip a Rag in this, and when the Face is clean wash'd go over it again, and it will take away all Spots and Marks whatever.

157. *Aqua ad Calculum.* Water for the Stone.

Take Malaga Wine three Pints, Rue and Sage each a Handful; Boil all to the Consumption of a Pint; then press out, and add Ginger half an Ounce, Nutmeg three Drams, and Long-pepper an Ounce, then boil again, and keep well stop'd.

Take Mithridate half an Ounce, Venice Treacle six Drams; dissolve in a Pint of Angelica Water, and mix with the above.

This

This is a noble Medicine for the Stone, and is of great Use in the Diabetes, and for those who cannot keep their Water.

158. *Chalybs preparation*: Colbatch: Dr. Colbatch's Method of preparing Steel.

Take Steel filings four Ounces, Powder of White Tartar half a Pound; mix well and put in an Earthen Vessel glazed, then pour on a Gallon of Spring Water, and let it boil over a gentle Fire till it is dry; then take it out of the Pot, and put it in a Crucible, and let it calcine for an Hour; then let the Crucible grow cold, and powder the Mass for Use.

This is the best for any Use in which Steel is required, and is to be greatly prefer'd before any other.

159. *Cataplasma ad Calculum*. A Poultice for the Stone.

Take Green Tops of Horse-radish, fry them in fresh Butter, put in a Bag and apply hot, and renew when it grows cold.

This may be applied with great Success in all Cases of the Stone and Gravel.

160. *Confectio Laxativa*. A Purging Confection.

Take Ginger two Drams, Cinnamon and Cloves, each one Dram; Saffron and Galangal
G each

each twenty Grains, Turbith half a Dram, Scammony three Drams, White Sugar four Ounces ; mix and make a Confection.

This expels phelgmatick and watery Humours by Stool ; and may be given with great Success in Dropsies, &c. Dose from two Drams to half an Ounce.

161. *Decoctum Lithonripticum.* A Decoction for the Stone.

Take of the Rasping of a dry'd Pizzle of a Sea horse an Ounce, Chamomile, Parsly, and Saxifrage each a Handful ; Horse Radish half an Ounce, boil in a Pint of White Wine and keep for Use.

This is for the Stone and Gravel, Dose two Ounces in the Fit,

162. *Errbinum Ophthalmicum.* A Liquid Snuff for the Eyes.

Take of the Juice of Primrose Roots, and Juice of Marjoram Tops each equal Parts, and mix them.

Four or five Drops of this instill'd into the Nose every Day, is good for the Eyes, purgeth the Head, easeth the Tooth-ach ; and helps in Consumptions.

It must be made fresh every Month, for it will not keep longer.

163. *Hau-*

163. *Haustus Anticolicus.* An Anticholic Draught.

Take Powder of wild Carrot Seeds, twenty Grains, Salt of Wormwood half a Dram, Compound Horfe Radish Water one Ounce, and Milk Water two Ounces ; mix for one Dose.

This is a speedy Relief in the Wind Colick, and all other kinds ; is good in the Stone, the Gripes and Wind in the Bowels, to be taken going to bed.

164. *Haustus Emmenagogus.* A Draught to provoke the Terms.

Take Chymical Oil of Carraways sixteen Drops, White Sugar a Dram ; dissolve in Pennyroyal Water an Ounce, mix.

This is a good Draught in Obstruction of the Menfes, and expels both Birth and Afterbirth ; it must be repeated every six Hours till it takes Effect.

165. *Oleum Martis.* Oil of Steel.

Take Salt of Armoniac a Pound, Steel filings twelve Ounces, rub well together in a marble Mortar, put it in a moist Place for seven Days, and then calcine in a Crucible in a strong Fire ; and when it is cold put in a Flannel Bag in a cold Cellar, and the Oil will drop thro' into an Earthen Vessel plac'd to catch it.

This is a noble Restringent in all Overflowing of the Courses, in Whites and Floodings ; Dose from 40 to 80 Drops, in a Decoction of Oak Bark.

166. *Ol. Martis Glauberi.* Glauber's Oil of Steel.

Make a Solution of thin Plates of Steel, in a sufficient Quantity of Spirits of Nitre, and it will be green, and of a sweet Taste ; filter, and put in a Glass over a slow Fire, till all the Moisture is exhal'd and the Mass remains at the Bottom like Blood ; then put it in a Glass Dish in a damp Cellar, and it will turn to a yellow Oil.

This is an excellent Secret in corrosive Ulcers, Fistula's and Cancers ; all which it cleanseth well : But it is not good for inward Use as the former.

167. *Pilula Alexipharmica.* A Fever Pill.

Take Virginia Snake-root two Ounces, Tormentill Root, Roots of Angelica and Elecampane each half an Ounce, Storax Pill without the Opium, the same Quantity ; Cochinell, Saffron and Bezoar Mineral each two Drams, Seeds of Fennel, Anise and Parsley each half a Dram, the best Opium two Ounces, dissolved in a sufficient Quantity of Spirits of Wine, and incorporate without Fire ; then take White Tartar, and Salt of Tartar each one Pound. Calcine together and put in a Matrafs with
equal

equal Parts of Oil of Turpentine and Oil of Spike, till it is of the Thickness of Honey ; then take a sufficient Quantity of this Corrector and incorporate with the above, and form a Mass for Pills.

This is an excellent Pill in all Fevers and Deliriums, for want of Rest it greatly composes, without causing any Stupidness to be left behind.

168. *Pilula Chalybeata.* The Steel Pill.

Take prepar'd Steel a Dram and a Half, Salt of Steel fifteen Grains, Saffron ten Grains, extract of Gentian enough to form Pills.

This is an excellent Pill for Green Sickness, Vapours and Feminine Obstructions.

R E M A R K.

You may make twelve Pills of each Dram, and take four Pills twice a Day, with a little Steel Wine.

169. *Potio contra Lumbricos.* A Potion for the Worms.

Take Barley Water two Ounces, Vinegar of Elder half an Ounce, Pulp of Tamarinds three Drams, Agaric twenty Grains, Powder of sweet Fennel Seed ten Grains, Cinnamon five Grains, boil together a little while, then add choice

Rhubarb twenty Grains, Powder of Roses two Scruples: Let it stand two Hours, and when strain'd add Syrup of Succory half an Ounce, Spirit of Mint five Drops, mix.

This is for the Worms, it must be given in the Morning, and after it has work'd give the following.

170. *Potio Cordialis.* The Cordial Portion.

Take Confection of Hyacinths a Scruple, Countess of Kent's Powder twelve Grains, Syrup of Poppies two Drams, Balm Water an Ounce, mix together.

This greatly adds to the Use of the former.

171. *Pulvis Sciaticus.* A Sciatic Powder.

Take Deadly Carrot Seed in Powder twenty Grains, Green Tea a large Dish, mix.

This taken every Morning is a Specifick for the Hip Gout.

172. *Sparadrapa Domina Berks:* Lady Berkshire's Sparadrap.

Take Fresh Butter and White Wax each a Pound, Tops of Green Rosemary and Sage each five Handfuls; Boil till it is green, and dip in Holland Cloths, the Size of a Breast, and make a Sparadrap.

The noble Authorefs used this with great Success in curdled Milk and ulcerated Breasts.

173. *Flos*

173. *Flos Magna Unguentorum.* The great
Flower of Ointment.

Take common Resin, and Pine Resin, each half a Pound, White Wax and Frankincense each four Ounces, Deers Suet the same Quantity, Gum Mastick an Ounce, Camphire two Drams; melt them and add two Quarts of White Wine, and boil till the Wine is consum'd; and when it grows cold add a Pound of Venice Turpentine, make a Plaister.

In all Wounds and Ulcers, it fills up Flesh and skins it over, in Head-achs, ringing of the Ears, in all Pains and Swellings, in Stone, Cholick, contracted Sinews and Cramps, in Convulsions, rotten Bones, venomous Bites, Cancers, *noli me Tangere*, Splenic or Liver Pains, Foot Gout, it is a wonderful Thing; in immoderate Fluxes of the Terms, placed upon the Navel it stays it; and if you take a little of the Plaister form'd into Pills, it is excellent for the Whites and Gonorrhea.

THE HISTORY OF THE
CITY OF BOSTON

FROM THE FIRST SETTLEMENT
TO THE PRESENT TIME
BY
JOHN B. HENNING

IN TWO VOLUMES.
VOLUME I.
FROM THE FIRST SETTLEMENT
TO THE YEAR 1700.
BOSTON:
PUBLISHED BY
JOHN B. HENNING,
AT THE SIGN OF THE
CROWN, IN THE
MARKET PLACE.
1800.

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A P P E N D I X.

174. A Confection used by King *Nicomedes*, when under any Apprehension of being poison'd.

TA K E Juniper Berries and Terra Sigillata each two Drams, powder and mix with Oil Olive, or Honey, a sufficient Quantity to make an Electuary.

The Quantity of a Hazle-Nut of this Confection, drinking after it a Draught of Honey and Water, proves a certain Antidote against every kind of Poison.

In the Case of Poison being given in Food, by taking this Medicine previously, it will not suffer it to remain in the Stomach, but operating as an Emetick, will cause it immediately to be cast up again. If on the contrary no Poison should have been intermixed with the Food, it will give no kind of Emotion at all.

175. The Negroe Cæsar's Cure for Poison, and for the Bite of a *Rattle-Snake*.

Printed in the Carolina-Gazette ; as a Reward for discovering which, the General Assembly there, purchased his Freedom, and granted him a Pension of 100l. per Annum during his Life.

Take the Roots of Plantain and wild Horehound, fresh or dryed, three Ounces, boil them together

together in two Quarts of Water, to one Quart, and strain it; of this Decoction let the Patient take one third Part three Mornings fasting successively; from which, if he finds any Relief, it must be continued, 'till he is perfectly recover'd: On the contrary, if he finds no Alteration after the third Dose, it is a Sign that the Patient has either not been poisoned at all, or that it has been with such Poison as *Cæsar's* Antidotes will not remedy, so may leave off the Decoction.

During the Cure, the Patient must live on a spare Diet, and abstain from eating Mutton, Pork, Butter, or any other fat or oily Food.

N. B. The Plantain or Hore-Hound, will either of them cure alone, but they are most efficacious together.

In Summer you may take one Handful of the Roots and Branches of each, in the Place of three Ounces of the Roots of each.

For Drink during the Cure, let them take the following.

TAKE of the Roots of Golden-Rod six Ounces, or in Summer two large Handfuls of the Roots and Branches together, and boil them in two Quarts of Water to one Quart (to which also may be added a little Hore-Hound and Sassafras.) To this Decoction, after it is strain'd, add a Glass of Rum or Brandy, and sweeten it with Sugar for ordinary Drink.

Some

Sometimes an inward Fever attends such as are poisoned, for which he orders the following.

TAKE a Pint of Wood-Ashes and three Pints of Water, stir and mix them well together, let them stand all Night, and strain or decant the Lye off in the Morning, of which ten Ounces may be taken six Mornings following, warm'd or cold, according to the Weather.

These Medicines have no sensible Operation, tho' sometimes they work in the Bowels, and give a gentle Stool.

The Symptoms attending such as are poisoned, are as follow.

A Pain of the Breast, Difficulty of Breath, a Load at the Pit of the Stomach, an irregular Pulse, burning and violent Pains of the Viscera above and below the Navel, very restless at Night, sometimes wandering Pains over the whole Body, a Reaching and Inclination to Vomit, profuse Sweats, (which prove always serviceable) slimy Stools, both when costive and loose, the Face of a pale and yellow Colour; sometimes a Pain and Inflammation of the Throat; the Appetite is generally weak, and some cannot eat any Thing; those who have been long poisoned, are generally very feeble, and weak in their Limbs, sometimes spit a great deal, the whole Skin peels, and likewise the Hair falls off.

176. *Cæsar's Cure for the Bite of a Rattle-Snake.*

TAKE of the Roots of Plantain or Hore-Hound, (in Summer Roots and Branches together) a sufficient Quantity, bruise them in a Mortar, and squeeze out the Juice, of which give as soon as possible one large Spoonful; if he is swell'd you must force it down his Throat; This generally will cure; but if the Patient finds no Relief in a Hour after, you may give another Spoonful, which never fails.

If the Roots are dried, they must be moistened with a little Water.

To the Wound may be applied a Leaf of good Tobacco, moisten'd with Rum.

177. *Dr. Mead's Receipt for the Cure of the Bite of a Mad Dog.*

LET the Patient be blooded at the Arm nine or ten Ounces, take of the Herb called in *Latin*, *Lichen Cinereus Terrestris*, in *English* Ash-colour'd Ground Liverwort, clean'd, dried, and powder'd half an Ounce; and Black Pepper powder'd two Drams; mix these well together, and divide the Powder into four Doses, one of which must be taken every Morning fasting, for four Mornings successively, in half a Pint of Cow's Milk warm. After these four Doses are taken, the Patient must go into the Cold Bath,

or

or a Cold Spring, or River, every Morning fasting for a Month. He must be dipt all over, but not stay in (with his Head above Water) longer than half a Minute, if the Water be very cold. After this he must go in three Times a Week, for a Fortnight longer.

N. B. The *Lichen* is a very common Herb, and grows generally in sandy and barren Soils all over *England*. The right Time to gather it is in the Months of *October* and *November*.

178. A Receipt for the Cure of a Bite of a Mad-Dog.

Practised with great Success at Tonquin in the East-Indies.

TAKE of native Cinnabar, and factitious Cinnabar, both ground to an exceeding fine Powder, each twenty four Grains; of the strongest Musk, sixteen Grains; rub these together till the Musk is also become very fine, and give it all for a Dose, in a small Tea-cup full of Arrack or Brandy, as soon as possible after the Person is bit, and another Dose thirty Days after; but if the Person has the Symptoms of Madness before he has had the Medicine, he must take two Doses in an Hour and a half.

Not to enter into the Merits of the Medicine, or attempt to account for its Effects, it is observable, (for the Encouragement of every one, to take it where there is no more than a Suspicion of an infectious Bite) that it is perfectly

fectly safe and innocent; as appears from the great Number of Persons to whom it has been given by way of Preservative, none of which have felt any ill Consequences from it, or been disorder'd after: The only visible Effect it has, is, that of producing a considerable Drowsiness, which in those who being already Mad have two Doses given them within the Time before mention'd, is prolong'd for several Hours, and terminates in a perfect Cure.

The Receipt is here given in its original Form; the Dose being calculated for a grown Person, and is left to the Discretion of others to vary the Quantity or Vehicle, as may be most convenient, not doubting but as the Method here taught of giving such large Doses of Musk is attended with Success, it may also be extended to other Cases under the Management of Physicians.

179. *Mrs. Joanna Stephens's Medicine for the Cure of the Stone and Gravel, with the Method of preparing and giving the same.*

These Medicines are a Powder, a Decoction and Pills.

The Power consists of Egg Shells, and Snails, both calcined.

The Decoction is made by boiling some Herbs (together with a Ball which consists of Soap, Swines-Cresses burnt to a Blackness, and Honey) in Water.

The

The Pills consist of Snails calcined, Wild Carrot Seeds, Burdock Seeds, Ashen Keys, Hips and Haws, all burnt to a Blackness, Soap, and Honey.

The Powder is thus prepared.

Take Hens Egg Shells well drained from the Whites, dry and clean, crush them small with the Hands, and fill a Crucible of the twelfth Size (which contains nearly three Pints) with them lightly; place it in the Fire, and cover it with a Tile; then heap Coals over it, that it may be in the Midst of a very strong clear Fire, till the Egg Shells be calcined to greyish white, and acquire an acrid salt Taste: This will take up eight Hours at least. After they are thus calcined, put them into a dry clean earthen Pan, which must not be above three Parts full, that there may be Room for the Swelling of the Egg Shells in flaking. Let the Pan stand uncover'd in a dry Room for two Months, and no longer. In this Time the Egg-shells will become of a milder Taste, and that Part which is sufficiently calcined, will fall into a Powder of such a Fineness, as to pass through a common Hair-Sieve; which is to be done accordingly.

In like Manner take Garden Snails with their Shells, clean'd from the Dirt, fill a Crucible of the same Size with them whole; cover it, and place it in a Fire, as before, till the Snails have done smoaking, which will be in about an Hour, taking Care that they do not continue in the
Fire

Fire after that. They are then to be taken out of the Crucible, and immediately rubbed in a Mortar to a fine Powder, which ought to be of a very dark grey Colour.

Note, If *Pit-Coal* be made use of, it will be proper, in order that the Fire may the sooner burn clear on the Top, that large Cinders, and not fresh Coals, be placed upon the Tiles which cover the Crucibles.

These Powders being thus prepar'd, take the Egg shell Powder of six Crucibles, and the Snail Powder of one, mix them together, rub them in a Mortar, and pass them through a Cyprus Sieve. This Mixture is immediately to be put up in Bottles, which must be close stopped and kept in a dry Place for Use. I have generally added a small Quantity of Swines Cresses burnt to a Blackness, and rubbed fine; but this was only with a View to disguise it.

The Egg Shells may be prepar'd at any Time of the Year, but it is best to do them in Summer. The Snails ought only to be prepared in *May, June, July, and August*; and I esteem those best which are done in the first of these Months.

The DECOCTION is thus prepared.

Take four Ounces and a Half of the best *Alicant* Soap, beat it in a Mortar with a large Spoonful of Swines Cresses burnt to a Blackness, and as much Honey as will make the whole of the
Con-

Consistence of PASTE. Let this be form'd into a Ball.

Take this Ball, and Green Camomile, or Camomile Flowers, Sweet Fennel, Parsley and Burdock Leaves, of each one Ounce. When they are not Green, take the same Quantities of Roots, cut the Herbs or Roots, slice the Ball, and boil them in two Quarts of soft Water half an Hour, then strain it off, and sweeten it with Honey.

The PILLS are thus prepared.

Take equal Quantities by Measure, of Snails calcined as before, of Wild Carrot Seeds, Burdock Seeds, Ashen Keys, Hips and Haws, all burnt to a Blackness; or, which is the same Thing, till they have done smoaking; mix them together, rub them in a Mortar, and pass them through a Cypress Sieve. Then take a large Spoonful of this Mixture, and four Ounces of the best *Alicant* Soap, and beat them in a Mortar with as much Honey as will make the whole of a proper Consistence for Pills. Sixty of which are to be made out of every Ounce of the Composition.

The Method of giving these Medicines is as follows.

When there is a Stone in the Bladder or Kidneys, the Powder is to be taken three Times a Day, *viz.* In a Morning after Breakfast, in the Afternoon about Five or Six, and at going to

H Bed.

Bed. The Dose is a Dram *Averdupoiz*, or Fifty-six Grains, which is to be mixed in a large Tea Cup full of White Wine, Cyder, or small Punch ; and half a Pint of the Decoction is to be drank, either cold or Milk-warm, after every Dose.

These Medicines do frequently cause much Pain at first ; in which Case it is proper to give an Opiate, and repeat it as often as there is Occasion.

If the Person be costive during the Use of them, let him take as much Lenitive Electuary, or other laxative Medicine, as may be sufficient to remove that Complaint, but not more : For it must be a principal Care at all Times to prevent a Looseness, which would carry off the Medicines ; and if this does happen, it will be proper to increase the Quantity of the Powder, which is astringent, or lessen that of the Decoction, which is laxative, or take some other suitable Means by the Advice of Physicians.

During the Use of these Medicines, the Person ought to abstain from salt Meats, red Wines and Milk, drink few Liquids, and use little Exercise, that so the Urine may be the more strongly impregnated with the Medicines, and the longer retain'd in the Bladder.

If the Stomach will not bear the Decoction, a sixth Part of the Ball made into Pills must be taken after every Dose of the Powder.

Where the Person is aged, of a weak Constitution, or much reduced by Loss of Appetite,

or

or Pain, the Powder must have a greater Proportion of the calcin'd Snails than according to the foregoing Direction; and this Proportion may be increased suitably to the Nature of the Case, till there be equal Parts of the two Ingredients. The Quantity also of both Powder and Decoction may be lessen'd for the same Reasons. But as soon as the Person can bear it, he should take them in the above Proportions and Quantities.

Instead of the Herbs and Roots before mention'd, I have sometimes used others, as Mal-lows, Marshmallows, Yarrow red and white, Dandelion, Water-Cresses, and Horse-Radish Root; but do not know of any material Difference.

This is my Manner of giving the Powder and Decoction. As to the Pills, their chief Use is in Fits of the Gravel attended with Pain in the Back and Vomiting, and in Suppressions of Urine from a Stoppage in the Ureters. In these Cases, the Person is to take five Pills every Hour Day and Night, when awake, till the Complaints are removed. They will also prevent the Formation of Gravel and Gravel-Stones in Constitutions subject to breed them, if ten or fifteen be taken every Day.

June 16, 1739.

J. Stephens.

181. *Dr. Bracken of Lancaster's Recipe for Coughs and Colds.*

TAKE of the Herbs Betony and Colts-foot dried, of each an Ounce, best Tobacco half an Ounce, choicest white Amber in Powder three Drams, freshest Squinanch, or Camel's Hay, and of the Herb *Ros Solis*, not with the oblong, but with the round Leaf, of each half an Ounce ; cut the Herbs in the Manner of Tobacco, and sprinkle the Powder of Amber amongst them, and smoke two or three Pipes of it a Day for a Fortnight ; during which Time use the following Lozenges.

TAKE best *Spanish* Juice of Liquorice, an Ounce, double-refin'd Sugar, two Ounces, Gum Arabic finely powder'd, two Drams : Extract of Opium, or *London* Laudanum, one Scruple, or twenty Grains, all well beaten or pounded together, then with Mucilage of Gum Tragacanth, form into small Lozenges, to be dissolved leisurely in the Mouth, and swallowed down as gently as possible.

182. *An effectual Cure for all Distempers arising from an inveterate Scurvy, such as the Yaws, lame Distemper, Pox, Dropsy, &c. for the Discovery whereof a Negro Man in Virginia was freed by the Government, and had a Pension of 30l. Sterling settled on him during his Life.*

TAKE four Ounces of the Inside Bark of
Spanish

Spanish Oak, two Ounces of the Inside Bark of Pine, two Ounces of Shamack Root, boil them in three Quarts of Water till it comes to three Pints. The Patient must drink a Pint the first Morning; in a Minute or two after, half a Pint more; at Noon half a Pint; and at Night, half a Pint; Likewise daily after, till the Cure is perfected, half a Pint in the Morning; half a Pint at Noon; and the same at Night. If any Ulcer and proud Flesh, wash them with Blue Stone Water, anointing them afterwards with Hog's Fat and Deer's Dung, or Hare's Dung.

183. For a Hooping Cough, by Dr. *Ratcliffe*.

TAKE two Ounces of Conserve of Roses, two Ounces of Raisins of the Sun stoned, two Ounces of brown Sugar Candy, and two penny-worth of Spirits of Sulphur; beat them up into a Conserve, to be taken Morning and Evening.

184. For a Consumption instead of Asses Milk, by Dr. *Gibson*.

To three Pints of Water put forty Snails, two Ounces of Eringo-Root and two Ounces of French Barley; boil it to a Quart, then strain it, and take two Spoonfuls in half a Pint of Milk twice a Day.

185. The Bishop of Cloyne's Recipe for Tar-Water.

POUR a Gallon of Cold Water on a Quart of Tar; stir and mix them thoroughly with a Ladle or flat Stick, the Space of three or four Minutes; after which the Vessel must stand Forty eight hours, that the Tar may have Time to subside; when the clear Water is to be poured off and kept cover'd for Use; no more being made from the same Tar, which may serve for common Purposes.

Besides the above, the Bishop recommends the following, for the Convenience of Travellers, or such others as may not have an Opportunity of preparing it each Time it is to be taken.

186. Strong Tar-Water, for the Use of Travellers, &c.

TAKE of Tar and Water each one Quart, stir them well together for twenty Minutes; then let them settle, and pour off the clear Water.

N. B. The Dose of Tar-Water in common Cases is half a Pint, Morning and Night on an empty Stomach. — It should be observed that the Tar - Water made in the last mentioned manner, having four Times the Strength of the other, should be mixed when taken, with three Times its Quantity of Water.

Lini-

187. *Linimentum Ophthalmicum*. Sir Hans Sloane's
Liniment for sore Eyes.

TAKE of prepar'd Tutty one Ounce, of Lapis hæmatites prepar'd two Scruples; of the best Aloes prepar'd twelve Grains; of prepar'd Pearl, four Grains: Put them into a Porphyry or Marble Mortar, and rub them with a Pestle of the same Stone very carefully, with a sufficient Quantity of Viper's Grease, or Fat, to make a Liniment, to be used daily, Morning or Evening, or both, according to the Conveniency of the Patient, as hereafter directed.

This Recipe first made publick by Sir *Hans Sloane*, was purchased by him of a Person who had it from Dr. *Rugeley*.

Sir *Hans* informs us, that the Method which has best succeeded with him in facilitating the efficacious Use of this Liniment, is Bleeding and Blistering in the Neck and behind the Ears, in order to draw off the Humours from the Eyes; and afterwards, according to the Degree of the Inflammation, or Acrimony of the Juices, to make a Drain by Issues between the Shoulders, or a perpetual Blister; washing the Eyes with Spring-Water, which he esteemed preferable to any spirituous Lotion, whether simple or compound. And that the best inward Medicines are Conserve of Rosemary-Flowers; antiepileptic Powders, such as *pulvis ad Guttetam*; Betony, Sage, Rosemary, Eyebright, wild Valerian-root, Castor, &c. washed down with a Tea made of

the same Ingredients ; as also Drops of compound Spirit of Lavender, and *sal volat. oleos.*

If the Inflammation returns, drawing about six Ounces of Blood from the Temples by Leeches, or cupping on the Shoulders, is very proper.

The Liniment is to be applied with a small hair Pencil, the Eye winking or a little opened.

In prosecuting the Cure of sore Eyes, this Gentleman tells us, the Want of Success he has often found to be occasioned by a lurking intermitting Fever, effecting the Eyes by every Fit, and rendering their Disorder obstinate, which must first be taken off by a proper Use of the Bark, that the Cure may be effectually performed.

He further informs us, that this Medicine has cured many whose Eyes were cover'd with opaque Films and Cicatrices left by Inflammations and Apostems of the *Cornea*, which, though they happen to Persons of all Conditions, yet are more common among the poorer Sort of People ; many of whom have been so totally deprived of Sight as to be under a Necessity to be led to him ; but who after some Time could perfectly well find their Way without a Guide ; that it is likewise not only beneficial in such Cases, but also where there is an excessive shooting Pain in the Eyes, which he instances in the Case of a Lady, who for this Disorder had taken about fifty Drops of Laudanum thrice in twenty four Hours, but that by this Medicine, she, as well

well as many others, have been relieved without the Use of any Opiate.

The following Receipts, having been found of great Efficacy in the private Practice of the *Editor*, are here recommended to the Publick.

188. For Redness in the Eyes by Inflammation.

TAKE a new laid Egg, break a small Hole in the Top of it, and pour the Yolk out of it: Fill it full of the Juice of House-leek, and set it in the Embers; when it boils skum it till it be clear; then put into it as much white Copperas as a great Barley Corn, and so let it boil till the Copperas be melted; then strain it through a clean Cloth and put it into a Glass, and when you use it keep your Eye close with a Piece of Silk; use it when you go to Bed, and one Hour before you rise; if you put your Copperas in before the Water be clear, it will look black but not be the worse for Use.

189. An Application for the Gout.

TAKE Cantharides a moderate Quantity, and twice as much four Rye-bread crumbled, stamp them together in a Mortar with a little Vinegar, make a Plaister upon Cloth, cut it the Breadth of two-pence and lay it to the Place where the Pain is, for the Space of six or seven Hours; then lift up one side of the Plaister with a Knife, and let it lye half an Hour, then take it off, and

a Blister will be gathered there, let out the Water with a Needle in the lowest Place of the Blister, and press it softly with your Finger. Then take an Oak Leaf, cutting away the hard Veins thereof, and prick it very full of little Holes, and leave it on till it be healed. The Pain ceases upon the breaking of the Blister; make your Blister always beneath the Joint if you can possibly.

For the Strangury.

190. Use a *Decoction of Liquorice*, or this Powder.

TAKE of the Seeds of Melons husk'd, Citrons and Cucumbers three Drams each, Seeds of Gourds, Purslain and Lettice two Drams each; of red Roses one Dram, Juice of Liquorice and Mastick one Dram and a Half; beat them all and make a fine Powder, whereof give daily one Dram and a half in the Morning, with Syrup of Liquorice, or Julap of Violets or Roses.

191. Another.

Venice Turpentine washed in Rose Water or Endive Water, administer the Quantity of a Nut, sometimes two or three.

192. Another.

Clysters made with the Decoction of Mal-
lows, Violets, Althea, Leaves of Willow, Water
Lillies,

Lillies, and put to them Cassia Fistula, Sugar, and Oyl of Violet and Roses.

193. For Giddiness in the Head, or falling Sickness.

TAKE a Raven, draw out the Guts, and put it into a Pan with the Feathers, and set it into the Oven after the Bread is drawn out; when you take it out of the Oven, flea off the Skin and Feathers together, and cut the Flesh from the Body of it, as thin as you can; then lay it on Plates, and dry it in an Oven as aforesaid, until it will beat to Powder, then take an Ounce of the Powder and add these Ingredients, Mistletoe of the Oak, single Piony-roots, Cubebes, Nutmegs, Cowslip Flowers, and Lavender each one Scruple; beat all together and finely searse through a Sieve; then take as much as will lye upon a Shilling every Morning, in a Dish of Tea, to be taken at the New of the Moon, and two Days after, and at the Full of the Moon.

194. A Perfect Remedy against the Cholick.

TAKE fine Powder of Virga Aurea, or Golden Rod, and put a Spoonful of it into a new laid Egg soft roasted, give the Patient to drink thereof in a Morning at his Breakfast, and let him not eat for some time after.

195. A

195. A Sovereign Plaister for any Ach.

TAKE a Quart of Malmsey and a Spoonful of Sallad Oyl, a good Handful of Onions peel'd, bruised and broken, and one Dram of Pepper finely beaten; seethe all these together until they be thick, spread it upon a Cloth, and apply it to the Place where the Pain is.

196. For Redness in the Face, or Pimples proceeding from a cold Cause.

TAKE Orange-peels, dry them and pound them very small, and take thereof as much as will lye upon a Shilling in a Spoonful of Beer fasting, for fifteen Days together; and at any Time when they rise again use this Medicine; if it comes from Cold, it is the best Medicine in the World.

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